

[Jesus said,] “I am the living bread that came down from heaven; whoever eats this bread will live forever; and the bread that I will give is my flesh for the life of the world.”

JOHN 6:51

## All You Can Eat

MIGUEL DULICK

**T**he “**Bread of Life Discourse**” in the sixth chapter of the Gospel of John is an astonishing teaching. “The bread that I will give is my flesh for the life of the world” (John 6:51b). Creation was wonderful, the Incarnation was wonderful, but now Jesus takes the final step in God’s coming ever closer to us human beings, as close as food, as intimate as eating Christ’s body and drinking his blood. For us Catholics, it’s called *transubstantiation*: the Host—something we hold in our hand—is so divine that we worship it!

The crowds listening to Jesus could not have imagined how you would “eat” (literally, “gnaw”) Jesus’ flesh or drink his blood, and certainly not a whole year before the Last Supper (not to mention, hundreds of years before St. Thomas Aquinas). When surveys showed that many of today’s Catholics are just as confused and doubtful as the crowd at Capernaum, having lost faith or even interest in the Eucharist, the American bishops launched a search-and-rescue mission to recover “The Mystery of the Eucharist in the Life of the Church,” published in 2021.

Paul bases the sacrament in our own experience. “The cup...that we bless” and “the bread that we break” create the ultimate reality: “we, though many, are one body”—of Christ! (See 1 Corinthians 10:16-17) The priest says, “The Body of Christ,” and we respond, “Amen!” ●

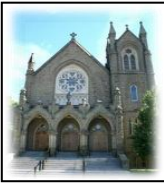



LEARN ABOUT  
THE AUTHORS  
OF OUR PARISH  
COMMUNITY

### Reflect

**What does my “Amen” mean when I receive the Eucharist?**

**Welcome to The Good Shepherd Pastoral Unit**

	<p><b>St. Bernard's, 43 Botsford St., Moncton, NB E1C 4W9</b>  <b>Phone: (506) 857- 0425 Email: <a href="mailto:sbhf@rogers.com">sbhf@rogers.com</a></b>  <b>Parish Office hours:</b>  <b>Monday to Friday @ 9 AM – 12 PM &amp; 1 PM – 4 PM</b></p>
	<p><b>St. Vincent's, 63 Charlotte St., Sackville, NB, E4L 2Y5</b>  <b>Phone: (506) 536-1460 Email: <a href="mailto:stvince@nbnet.nb.ca">stvince@nbnet.nb.ca</a></b>  <b>Office hours: Monday &amp; Thursday @ 10 AM - 2 PM</b></p>
	<p><b>St. Clement's, 14 Church St., Port Elgin, NB E4M 2C9</b>  <b>Phone: (506) 538-2262 Email: <a href="mailto:stclement.stbartholomew@gmail.com">stclement.stbartholomew@gmail.com</a></b>  <b>Office hours: call office to verify</b></p>
<p><b>The Good Shepherd Pastoral Website: <a href="http://gsmoncton.ca">gsmoncton.ca</a></b></p>	
<p><b>Facebook page: <a href="https://facebook.com/gsmmoncton">facebook.com/gsmmoncton</a></b></p>	

**The Good Shepherd Pastoral Unit**

**St. Bernard's Parish Staff**

<p><b>Priest Administrator</b></p>	<p>Fr. Damian Nwachukwu</p>	<p><a href="mailto:sbhf@rogers.com">sbhf@rogers.com</a></p>
<p><b>Assistant Priest</b></p>	<p>Fr. Carlos Jacinto</p>	<p><a href="mailto:sbhf@rogers.com">sbhf@rogers.com</a></p>
<p><b>Pastoral Associate / Liturgy</b></p>		<p><a href="mailto:sbliturgy@gmail.com">sbliturgy@gmail.com</a></p>
<p><b>Office Administrator</b></p>	<p>Genevieve Alo</p>	<p><a href="mailto:sbhf@rogers.com">sbhf@rogers.com</a></p>
<p><b>Bookkeeper</b></p>	<p>Linda Arsenault</p>	<p><a href="mailto:bookkeepersbgsp@gmail.com">bookkeepersbgsp@gmail.com</a></p>
<p><b>Catechetical Coordinator</b></p>	<p>Lorella Dunnett</p>	<p><a href="mailto:Lorella_st.bernards@hotmail.com">Lorella_st.bernards@hotmail.com</a></p>
<p><b>Building Committee</b></p>	<p>Dave Watts</p>	
<p><b>Project Manager</b></p>	<p>Andre McGraw</p>	
<p><b>Local Parish Council</b></p>	<p>Tim Perry</p>	
<p><b>Finance Committee</b></p>	<p>Phyllis Allain</p>	
<p><b>Stewardship Committee</b></p>	<p>Glen Rollins</p>	
<p><b>Marriage Preparation</b></p>	<p>Joe D'Ettore</p>	

**St. Vincent's Parish Staff**

<p><b>Parish Secretary</b></p>	<p>Lorraine Horyl</p>	<p><a href="mailto:stvince@nbnet.nb.ca">stvince@nbnet.nb.ca</a></p>
<p><b>Catechetical Coordinator</b></p>	<p>Cathy Crinnion</p>	<p><a href="mailto:ccrinnion@yahoo.ca">ccrinnion@yahoo.ca</a></p>

**St. Clement's Parish Staff**

<p><b>Parish Secretary</b></p>	<p>Pam Van Egmond</p>	<p><a href="mailto:stclement.stbartholomew@gmail.com">stclement.stbartholomew@gmail.com</a></p>
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**St. Bernard's Sacrament of Reconciliation regular schedule**

**Prior to Weekday Masses: Monday to Friday: 8:30 – 9:20 AM.**

**Saturdays: 10:00 AM; First Friday of the month: 8:00 – 9:00 AM.**

## St. Bernard's

### Mark Your Calendar

Carmelites	2 <sup>nd</sup> Saturday of the month: 9:30 AM
Prayer Group	2 <sup>nd</sup> Saturday of month & last Saturday of month after 25 <sup>th</sup> @ 7PM
RCIA meeting	2 <sup>nd</sup> & 4 <sup>th</sup> Saturday of each month: 10 AM to 12 noon
The Feast	1 <sup>st</sup> & 3 <sup>rd</sup> Fridays of the month @ 6PM
Baptism	3 <sup>rd</sup> Sundays of the month



*There is a promise of marriage between:  
Robert Paul Doiron & Marianela Margarita Powers  
July 03, 2026 @ 2:00 PM at St. Bernard's*



### TipTap: Give Easily. Give Securely — now with QR registration!

Use debit or credit to donate cashless and receive tax receipts. New stands with QR codes are in the church; you scan this QR code and complete a quick 1–2 minute form (you may be asked for the last 4 digits of your card). Past TipTap donors can register to link previous gifts. You'll get an email confirmation when finished.

Thank you for your generosity to St. Bernard's Catholic Church.

### Interac e-Transfer Now Accepted!

Now Available



Send donations to: [sbhf@rogers.com](mailto:sbhf@rogers.com)

Please include in the message field your full name and envelope number (for tax receipt purposes) and specify what the donation is for:

\*Sunday Offering

\*Special Collection — please specify. *(Please see on later pages for the list of St. Bernard's Special Collection)*

\*Mass Intention — indicate name and "Requested by"

\*Other — please specify *(e.g. Karing Kitchen, Syrian, Baptism, Catechesis, etc.)*

\*Candles

Also **email a screenshot/photo of your completed e-Transfer to [sbhf@rogers.com](mailto:sbhf@rogers.com)** showing the transaction and message details so we can properly record your offering under your name for tax receipts.

Thank you for your support!

### St. Bernard's Church Bursary — \$1,000

**Eligible:** Parishioners **graduating from high school in June 2026** who plan to pursue post-secondary studies. Please email a letter of application outlining your future plans and a copy of your proof of enrolment to [sbhf@rogers.com](mailto:sbhf@rogers.com).

**Deadline: Friday, July 3, 2026.**

### High School Graduation Blessing

With much hard work and dedication, high school graduation is just around the corner! We will celebrate our students who are graduating with a graduation blessing. If your child is graduating from high school this year, please join us on **Sunday, June 14th, at our 11 AM mass.**

*Blessings, Lorella*





### St. Bernard's Catholic Women's League (CWL) Meeting and Auction - Date Change

Due to unforeseen circumstances, St. Bernard's Catholic Women's League June 7th meeting and auction is rescheduled to **June 14th in the parish hall. Rosary at 1:30 pm** followed by our **meeting and auction from 2:00 to 4:00 pm.**

Refreshments (provided by members). Members are asked to bring an auction item (such as crafts, baking, rhubarb, trinkets and treasures, etc.) and enjoy the fun. As this is our last meeting before our summer break, we look forward to seeing everyone. New members are welcome to join us.



### Baptism — June 21 @ 1:00PM

Attendance at the baptism requires completion of the mandatory **baptism preparation course on June 14, 2026, at 1:00 PM.** To register, contact the Parish Office at 506-857-0425 or email [sbliturg@gmail.com](mailto:sbliturg@gmail.com).

## St. Vincent's

### PRE-AUTHORIZED DEBIT AND E-TRANSFER

In addition to accepting **cash or cheques**, St. Vincent's is now able to accept donations via **pre-authorized debit and e-transfers!** Please check with Lorraine at the Parish Office (506-536-1460 or [stvince@nbnet.nb.ca](mailto:stvince@nbnet.nb.ca)) for further information.



### PRAYERFUL CONDOLENCES

Prayerful condolences are extended to the family of **Leone Campbell**, who passed away on **May 27, 2026**, and to the family of **Bertha MacKay**, who passed away on **May 28, 2026**. May they rest in the loving arms of God.

### SCENT FREE ENVIRONMENT

For the health and comfort of those with allergies, we ask that you refrain from wearing colognes or perfumes when attending mass.

### MASS INTENTIONS

Please note that we ask for a donation of \$15 for each mass intention requested.

### ✠ JOIN OUR PARISH CHOIR – ALL ARE WELCOME! ✠

For info, please contact Karen Olscamp, [kolscamp@live.com](mailto:kolscamp@live.com), or 506-536-3050.

### ROSARY

You are invited to join a group of faithful parishioners who gather to pray the Rosary in St. Vincent's chapel every Thursday at 10:00 a.m.

### PARISH CALENDAR

Please consult the calendar at the entrance to the church for upcoming events.

### SACKVILLE FOOD BANK

Thank you to all who have donated to the Sackville Food Bank in the past year. If you are able, please donate to those in need. Suggestions include non-perishable items such as canned fruit/vegetables/meat, boxes of cereal, children's lunch items, pasta and sauces, dish detergent, soap, toilet paper, and tissues. If you have household items that you wish to donate, please consider giving them to the **Second Chances Thrift Store located at 18 Lorne Street.** All proceeds are forwarded to the Sackville Food Bank.

**FAITH FORMATION at St. Vincent's - contact Cathy Crinnion at [ccrinnion@yahoo.ca](mailto:ccrinnion@yahoo.ca) with questions and inquiries**

**Faith Formation:** the program for families with children in Grade 1 and older will begin in early September for 2026-27, taking place in St. Vincent's hall after Mass on Sundays.

**Sacramental preparations:** First Eucharist sessions have begun (April-June). First Holy Eucharist will be celebrated at Mass on June 21st at 9am.



**Office for Evangelization & Catechesis**

**Trevor Droesbeck - 857- 4879 or [adultfaith@diocesemoncton.ca](mailto:adultfaith@diocesemoncton.ca)**

**Karen LeBlanc – 387- 4198 or [youth@diocesemoncton.ca](mailto:youth@diocesemoncton.ca)**

**COFFEE FOR CAREGIVERS** is an opportunity for fellowship with others providing care for an adult spouse, family, or friend with needs. Please join us as we gather on the following dates: **June 11<sup>th</sup> and 25<sup>th</sup>** at Holy Family Church Hall at 2:00 pm. Contact Mike Jeffries 506-851-1271 or Karen at 506-387-4198. Everyone is welcome.

**MONDAY @ THE MOVIES** Our next Monday @ The Movies will be on **Tuesday, June 9<sup>th</sup>**, when we will talk about **“The Shack”** which was written by **Canadian author William P. Young** and **first published in 2007 and later came out as a movie in 2017**. Monday @ the Movies aims to use popular films to generate conversations around faith. Please contact Karen for more information. We gather regularly via Zoom.

**SENIORS CONNECT** Save the date! Our next Seniors Connect will be held on **Thursday, June 11<sup>th</sup>, 10:30 am** at **Holy Family Parish** (52 Falkland Street). Contact Karen LeBlanc at 387-4198 or email [youth@diocesemoncton.ca](mailto:youth@diocesemoncton.ca). **This will be our last session for the year so thought it would be nice to be entertained!**

**RAINFOREST FALLS** Get ready for an adventure! We are **SO** excited to announce that all our Explorers will be heading off to **Rainforest Falls to discover the amazing nature of God!** Think lush greenery, bright colors, and a whole lot of fun as we transform our space into a vibrant rainforest. To help us bring this jungle to life, we have a fun little wish list! These items can be found at most dollar stores, and every contribution helps make the experience extra special:

**Green vinyl tablecloths** (any shade of green!), **Green or yellow Bristol board**, **Green ledger paper**, **Crate paper rolls** (mixed pack of 10 – greens, reds, yellows, oranges, and more!) They may be dropped off at Immaculate Heart of Mary church. If you have any questions, please don't hesitate to contact Karen at [youth@diocesemoncton.ca](mailto:youth@diocesemoncton.ca). **Thank you for helping us create a wild and wonderful Rainforest Falls for our Explorers—we couldn't do it without you!** ❤️



*A time to mourn...*

*sincere sympathies to all who mourn the loss of a loved one.*

*Late Arthur “Art” Anthony McCloskey*, husband of Claudia, father of Bridget & Jessica

*Late Janice Gallant*, mother of Ashley



*Ecclesiastes 3*

*Under every season there is a time...A time to heal...*

**St. Bernard's**

Peter Quach	Stephen Fowler	Jessica Fowler	Conrad Coughlan
Brenda Lee Trites	Diana Bathurst	Ronnie Ermen	Anne Marie Lea
Debnath Gobardan	Maria Celestina Agustin	Trevor Droesbeck	

**St. Clement's**

Cullen Flood	Brian Robichaud	Yannick Hardwood	Doug Purdy	Terissa Salmon
Margo Kennedy	Sharon Wall	Margaret Schriver		

**St. Vincent's**

John Blakely	Alvin Bernard	Vince Wood	Kathy Mattatall
Art Chase	Barb DeWitt	Leonard Burke	

***And those who have died, including Leone Campbell and Bertha MacKay***

**Mass times / Intentions:**

**St. Bernard's**

Mon.	Jun 08	9:30 AM	Anniv. Late Ola LeBlanc	Hector & Cecile Caissie
Tues.	Jun 09	9:30 AM	Late Greg Murphy	Lorraine Montford
Wed.	Jun 10	9:30 AM	Late Marie Claire Poirier	Therese Dowd
Thurs.	Jun 11	9:30 AM	Late Roslyn McCue	Lorraine Montford
Fri.	Jun 12	9:30 AM	Late Pat McCarron	Francis & Debbie
Sat.	Jun 13	4:00 PM	For the People	
Sun.	Jun 14	11:00 AM	Anniv. Late Philip Montford	Lorraine Montford

**St. Clement's**

Sun.	Jun 07	11:00 AM	Jean Allen	Jeanne Allen
Sun.	Jun 14	11:00 AM	Special Intentions	Danielle Grant

**St. Vincent's**

Sun.	Jun 07	9:00 AM	Vince Reinsborough	Conrad Coughlin
Sun.	Jun 14	9:00 AM	Donald & Lorna Etter & Lori Legassick	Edgar & Rosie Landry

**OFFERINGS**

**St. Bernard's Offerings: May 31, 2026**

Reg Envs	\$4168	Loose	\$727.35	Donation	\$60	Candles	\$200
Syrian Family	\$60	Papal Charities	\$55	Karing Kitchen	\$125	Capital Exp	\$230

**St. Clement's Offerings: May 31, 2026**

IMO Jacques Leger	\$250	Donation w/ receipt	\$45	Envs	\$1040	Cemetery	\$50
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**St. Vincent's Offerings: May 31, 2026**

Reg Envelopes	\$507+\$120 e-Transfer	Loose	\$73	Papal Charities	\$40
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***Thank you for your generous and continued support!!!***

Dear Parishioners,

I would like to express my gratitude for your prayers, encouragement, and financial support throughout my studies. With God's grace, I completed my Master's Degree in Ecclesial Administration and Management at The Catholic University of America on May 16, 2026. This achievement would not have been possible without your generosity and confidence in me. Thank you for investing not only in my education but also in the future of our parish communities in our archdiocese. The knowledge and skills I have gained will help me serve the People of God more effectively, especially in the areas of parish leadership, stewardship, administration, and pastoral care. My hope is that this formation will enable me to be a better priest for the people entrusted to my care. Please know that I remain deeply grateful for your support and that you are remembered in my prayers. May the Lord bless you abundantly for your kindness and generosity.

Sincerely,  
*Fr. Carlos Jacinto*



THE CATHOLIC  
UNIVERSITY  
OF AMERICA



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The Busch School of Business

# Dear Padre,

## What is the significance of the Holy Eucharist in our lives as Christians?

The Mass should be understood as the celebration of our union—our communion—with Christ and his Church, which is the body of Christ. The Mass presumes participants have an existing personal relationship with Christ. We were united to Christ through baptism. We have received his Holy Spirit, empowering us to carry out Christ’s threefold mission: the prophetic mission of announcing his message and denouncing sin; the priestly mission expressed in a life of prayer, self-sacrifice, and participation in the liturgy; and the kingly/servant mission expressed in service to God and neighbor.

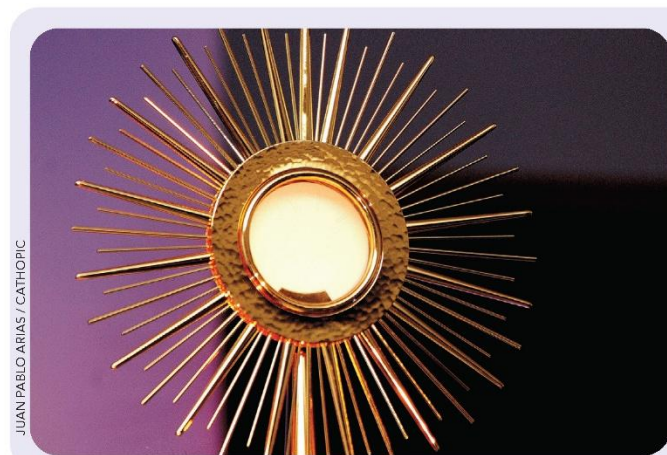
For the Eucharist to be meaningful, we must first experience a personal encounter with Christ—one that leads to personal conversion and a decision to live as disciples in community. Indeed, the Eucharist both celebrates and deepens our communion with Christ. The Eucharist also deepens our communion with fellow believers. “The Eucharist’s particular effectiveness in promoting communion is one of the reasons for the importance of Sunday Mass,” wrote Pope St. John Paul II in *On the Eucharist in Its Relationship to the Church (Ecclesia de Eucharistia)*, 41. Without this loving, sharing community, the Mass becomes empty. Whenever we attend Mass and receive holy Communion, we should ask ourselves: *Are we really in communion with Jesus and the body of Christ, his Christian community?* If not, then we should seek this broader communion in our lives. ●



ROMOLO TIVANI / SHUTTERSTOCK

**The Redemptorists / DearPadre.org**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>June 8</b>	<b>June 9</b>	<b>June 10</b>	<b>June 11</b>	<b>June 12</b>	<b>June 13</b>	<b>June 14</b>
Weekday	Weekday	Weekday	St. Barnabas, Apostle	The Most Sacred Heart of Jesus	Weekday	Eleventh Sunday in Ordinary Time
1 Kgs 17:1–16 Mt 5:1–12	1 Kgs 17:7–16 Mt 5:13–16	1 Kgs 18:20–39 Mt 5:17–19	Acts 11:21b–26; 13:1–3 Mt 5:20–26	Dt 7:6–11 1 Jn 4:7–16 Mt 11:25–30	1 Kgs 19:19–21 Mt 5:33–37	Ex 19:2–6a Rom 5:6–11 Mt 9:36–10:8



JUAN PABLO ARIAS / CATHOPIC

### A WORD FROM POPE LEO XIV

*Together...we will feed on the Blessed Sacrament, adore him and carry him through the streets.... Strengthened by the food that God gives us, let us bring Jesus to the hearts of all, because Jesus involves everyone in his work of salvation by calling each of us to sit at his table. Blessed are those who are called, for they become witnesses of this love!*

**HOMILY, ROME, JUNE 22, 2025**