



Are You Listening?

FR. THOMAS M. SANTA, CSSR

“If today you hear his voice, harden not your hearts.” (See Psalm 95.) Our psalm prayer invites us to respond to the Word of God. A positive response should be assumed as ordinary: very few among us would deliberately ignore God’s voice. The challenge is not in responding “yes” to the invitation of the Lord but rather in “hearing” his voice.

There are so many voices that daily compete for attention. We seem to be bombarded every waking moment with some kind of noise that demands attention and action. At one time, Neil Diamond might have been able to celebrate the “Beautiful Noise” of the city, but it is far more difficult for us today. Frankly, the noise around us is deafening, and most people long for true silence, a break in the pattern, a vacation from the frantic anxiety that seems to be present.

A wonderful Lenten practice—indeed, a spiritual practice that goes well beyond Lent—is to freely choose to disconnect from distraction. Resist the temptation to plug in the earbuds. Refrain from the distraction of social media content. Leave your cell phone in the living room, go sit in the backyard, and pay attention to nothing. “Be still and know that I am God” (Psalm 46:11), the psalmist reminds us. Listen for God’s voice, hear his call, and respond to the invitation. ●



LEARN ABOUT
THE AUTHORS
OF OUR PARISH
COMMUNITY

The love of God has been
poured out into our hearts
through the Holy Spirit that has
been given to us.

ROMANS 5:5

Reflect

*Do I need more silence?
Do I find silence difficult?*

Welcome to The Good Shepherd Pastoral Unit

	<p>St. Bernard's, 43 Botsford St., Moncton, NB E1C 4W9 Phone: (506) 857- 0425 Email: sbhf@rogers.com Parish Office hours: Monday to Friday @ 9 AM – 12 PM & 1 PM – 4 PM</p>
	<p>St. Vincent's, 63 Charlotte St., Sackville, NB, E4L 2Y5 Phone: (506) 536-1460 Email: stvince@nbnet.nb.ca Office hours: Monday & Thursday @ 10 AM - 2 PM</p>
	<p>St. Clement's, 14 Church St., Port Elgin, NB E4M 2C9 Phone: (506) 538-2262 Email: stclement.stbartholomew@gmail.com Office hours: call office to verify</p>
<p>The Good Shepherd Pastoral Website: gsmoncton.ca</p>	
<p>Facebook page: facebook.com/gsmmoncton</p>	

The Good Shepherd Pastoral Unit

St. Bernard's Parish Staff

Priest Administrator	Fr. Damian Nwachukwu	sbhf@rogers.com
Assistant Priest	Fr. Carlos Jacinto	sbhf@rogers.com
Pastoral Associate / Liturgy	Maricel Rubio	sbliturgy@gmail.com
Office Administrator	Genevieve Alo	sbhf@rogers.com
Bookkeeper	Linda Arsenault	bookkeepersbgsp@gmail.com
Catechetical Coordinator	Lorella Dunnett	Lorella_st.bernards@hotmail.com

St. Vincent's Parish Staff

Parish Secretary	Lorraine Horyl	stvince@nbnet.nb.ca
Catechetical Coordinator	Cathy Crinnion	crrinnion@yahoo.ca

St. Clement's Parish Staff

Parish Secretary	Pam Van Egmond	stclement.stbartholomew@gmail.com
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St. Bernard's Sacrament of Reconciliation regular schedule

Prior to Weekday Masses: Monday to Friday: 8:30 – 9:20 AM.
Saturdays: 10:00 AM; First Friday of the month: 8:00 – 9:00 AM.

St. Bernard's

Mark Your Calendar

Carmelites	2 nd Saturday of the month: 9:30 AM
Prayer Group	2 nd Saturday of month & last Saturday of month after 25 th @ 7PM
RCIA meeting	2 nd & 4 th Saturday of each month: 10 AM to 12 noon
The Feast	1 st & 3 rd Fridays of the month @ 6PM

	Sunday: Year 1-2-3 @ 9:15 AM Year 4-5-6 @ 12:15 PM	Tuesday: Years 1-2-3 @ 6 PM	Wednesday: Years 4-5-6 @ 6 PM
Session			
#13	March 08, 2026	March 10, 2026	March 11, 2026
#14	March 22, 2026	March 24, 2026	March 25, 2026
#15	April 12, 2026	April 14, 2026	April 15, 2026
#16	April 26, 2026	April 28, 2026	April 29, 2026

St. Bernard's Faith Formation Schedule

Confirmation Preparation Schedule

Session	Sunday: 2 PM - 3:15 PM
April 12, 2026	Rehearsal – Gathering in Church
April 19, 2026	Sacrament of Confirmation Celebration at 11am

Holy Communion Preparation for Children Schedule

Session	Sunday: 2 PM
March 22, 2026	Hall/Church
April 26, 2026,	Hall/Church
May 10, 2026, Holy Communion	Church



The Way of the Cross

The Way of the Cross will be prayed **during the holy season of Lent on Friday evenings at 6:30 PM**. All are invited and encouraged to attend. To make this prayer available to as many people as possible, we will celebrate it in the different churches

according to the following schedule:

Immaculate Heart: **Feb 20, Mar 13, Apr 03**
 St. Augustine's: **Feb 27, Mar 20**
 St. Bernard's": **Mar 06, Mar 27**



Bible Study

Join us for warm, welcoming Bible study each Monday to Wednesday immediately after the 9:30am Mass. All are invited to read, reflect, and share in friendly conversation and prayer. This Lenten season is a special time to deepen your faith, grow in community, and prepare your heart for Easter.



No Scent Policy

Out of respect for those with sensitivities, please avoid wearing scented products in the Church, Parish Office & the Church Hall.
 Thank you for your understanding!



Sacrament of Baptism Schedule

The Sacrament of Baptism will be celebrated monthly on the **3rd Sunday of each month at our parish**. **Parents and godparents** are required to attend a Baptism preparation class (date/time to be arranged). To register or for more information, please email **Maricel Rubio at sbliturgy@gmail.com**. Please register early to ensure scheduling.



St. Bernard's Sacrament Celebrations

Baptism: March 15, 2026 @ 2pm
 Confirmation: Sunday, April 19, 2026 @ 11am
 Holy Communion: Sunday, May 10, 2026 @ 11am

Women's Spiritual Exercises (Silent Retreat) - Pilgrims of Hope to Apostles of Joy.

April 16-19, 2026: Come away to **Our Lady of Hope Retreat Centre, PE** to refresh and renew your soul in Christ. Registration includes 3 nights accommodation, 9 meals and all retreat materials. Early bird rate: **\$450 before March 27, 2026**. Regular rate: **\$475 (March 27- April 12, 2026)**

For registration or questions please email: rcmaritimes@gmail.com



Contribution through the pre-authorized payment system

Pre-authorized Payment System Card

For those who are on our Pre-Authorized Debit (PAD) system, or are considering it, **small cards** (see image on the left) are available for you to place in the collection basket instead of an envelope. Pick one up at the entrance of the church.



NEW BRUNSWICK
MONCTON

The Feast Light Gathering – Every 1st & 3rd Fridays

The Light of Jesus Ministry is a Filipino Catholic community committed to bringing God's love to everyone through vibrant worship, inspiring talks, and a welcoming faith family. As part of this mission, The Feast Light offers a smaller, intimate gathering where you can grow in faith and find encouragement for life's journey.

Join us every **1st & 3rd Fridays of the month**, for our Feast Light gathering at **St. Bernard's Parish Hall at 6pm**. Everyone is welcome! Invite your family and friends and be blessed. See you there!



St. Patrick's Day

Mass will be held at **St. Bernard's Church at 12pm on Tuesday, March 17**. As in the past, collection will go to the bursary offered by the Irish Canadian Cultural Association of New Brunswick-WAK Chapter. Following the mass, **Irish Stew will be provided at the Moncton Press Club, cost \$5.00**.

Pilgrimage to Medjugorje with Hector Caissie

May 13– 24, 2026: Pilgrimage to Medjugorje with Hector Caissie. Cost of \$2795 (plus taxes) includes airfare from the Moncton/Halifax, (twin or triple) accommodation, daily breakfast & dinner and experienced local guide. (Optional single room supplement, \$250/p.) **Payment by e-transfer, bank transfer or cheque gets a REBATE of \$250.00** INFO: Hector Caissie at hectorcaissie@gmail.com or 506-857-2295.



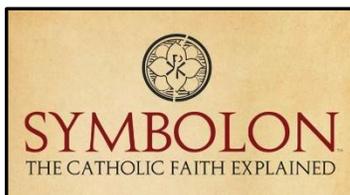
St. Bernard's Church Inclement Weather Policy

At least 1 hour before scheduled event: Mass cancellation & any other closures will always be noted on:
Parish phone message: by calling **506-857-0425**
Facebook: [facebook.com/gsmmoncton](https://www.facebook.com/gsmmoncton)

Looking for something meaningful to do this Lenten season?

Why not grow deeper in your faith with **Symbolon**, our upcoming small-group faith study on the **Catechism of the Catholic Church**.

Symbolon helps Catholics understand *what we believe, why we believe it, and how it transforms the way we live*. Through engaging videos and guided discussion, this study connects the beauty of Church teaching with everyday life.



Starts: **February 19, 2026**

Sessions (every second Thursday):
• **10:15 AM (after the morning Mass)**
• **6:00 PM**

Whether you're new to the faith or looking to renew it this Lent, Symbolon is for you.

To register: please email Tiffany Good at goodtiffany@hotmail.com

St. Vincent's

THE WAY OF THE CROSS

The Way of the Cross will be prayed each **Friday in Lent at 6:30 PM** in St. Vincent's church. All are welcome to attend.

MASS AT DREW NURSING HOME

There will be Mass at the Drew on Monday, **March 9 at 3 PM**. All are welcome to join the residence of the Drew to celebrate this Mass.

ONLINE BANKING OPTION

Please be advised that, in addition to being able to sign up for pre-authorized debit monthly donations (sign up cards are on the table at the entrance to the church), St. Vincent's can now offer an easy online banking option to its parishioners. If you wish to make a donation to St. Vincent's, we are now able to accept **Interac e-Transfers!** Simply go to your online banking, choose "**Send an Interac e-Transfer**" and opt to send your donation to St. Vincent's by using the church email address which is stvince@nbnet.nb.ca.

2025 INCOME TAX RECEIPTS

Please be advised that the 2025 Income Tax Receipts are now being distributed.

2026 DONATION ENVELOPES

Please remember to pick up your boxed collection envelopes for 2026 which are located on a table on the right-hand side as you enter the church. If you do not already have boxed envelopes, please speak to Lorraine and a numbered box will be assigned to you.

SCENT FREE ENVIRONMENT

For the health and comfort of those with allergies, we ask that you refrain from wearing colognes or perfumes when attending mass.

✠ JOIN OUR PARISH CHOIR – ALL ARE WELCOME! ✠

For info, please contact **Karen Olscamp**, kolscamp@live.com, or **506-536-3050**.

ROSARY

You are invited to join a group of faithful parishioners who gather to pray the Rosary in St. Vincent's chapel **every Thursday at 10:00 a.m.**

PARISH CALENDAR

Please consult the calendar at the entrance to the church for upcoming events.

SACKVILLE FOOD BANK

Thank you to all who have donated to the Sackville Food Bank in the past year. **As the need is great not only in Sackville, but in Dorchester as well, our contributions to the Food Bank basket will now be divided between the two communities; one week the donations will go to the Sackville Food Bank and next week the donations will go to the Dorchester Food Bank.** The donation basket is located on the right-hand side of the entrance to the church. In addition, if you have household items that you wish to donate, please consider giving them to the Second Chances Thrift Store located at 18 Lorne Street. All proceeds are forwarded to the Sackville Food Bank.

The Faith Formation schedule is as follows (location is St. Vincent's Hall):

March 1st, 15th & 29th at 10am	Primary group session (gr. 1-3)
March 8th and 22nd at 10am	Elementary group session (grades 4+)
Sacramental preparations:	
Confirmation gatherings (plus service to others: January to April)	<ul style="list-style-type: none">▪ March 15th & March 29th (gatherings start at 6:30pm)▪ Practice and Reconciliation on Fri Apr 10th at 6:30pm▪ Confirmation at Mass on April 12, 2026

For questions and inquiries, please contact Cathy Crinnion at ccrinnion@yahoo.ca

St. Clement's Day of Reflection

Join us in a day of reflection and conversation during this holy Season of Lent. **Thurs. March 26th 9:30 to 3:00 pm** with a simple potluck lunch. For more information, please register at St. Clement's or by phone or email. **506 3821835** - stclement.stbartholomew@gmail.com



Office for Evangelization & Catechesis

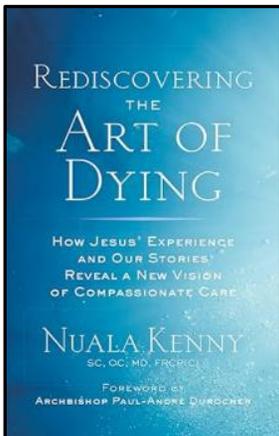
Trevor Droesbeck - 857- 4879 or adultfaith@diocesemoncton.ca

Karen LeBlanc – 387- 4198 or youth@diocesemoncton.ca

LENT GOES TO THE MOVIES, is an opportunity to discuss themes of faith, spirituality and religion in popular films as they relate to our spiritual journey through Lent. Film discussions will take place on Zoom at 10:00 am. On **March 9th**, we will discuss the film – Wild (2014) and on, we will discuss the film The Unlikely Pilgrimage of Harold Fry (2023). We are pleased to have join us Dr. Andrew Wilson, who will help guide us in our discussions. Contact Karen for **March 23rd** more information at 387-4198 or youth@diocesemoncton.ca.

COFFEE FOR CAREGIVERS, is an opportunity for fellowship with others providing care for an adult spouse, family, or friend with needs. Please join us as we gather on the following dates: **March 19th, April 2nd, 16th, and 30th** at Holy Family Church Hall at 2:00 pm. Contact Mike Jeffries 506-851-1271 or Karen at 506-387-4198. Everyone is welcome. **Take note that on March 5th we will be joined by a Social Development agent who will explain the intake process of Nursing Homes.**

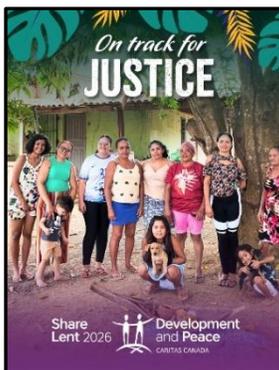
SENIORS CONNECT Save the date! Our next Seniors Connect will be held on **Thursday, March 19th, 10:30 am** at Holy Family Parish (52 Falkland Street). Contact Karen LeBlanc at 387-4198 or email youth@diocesemoncton.ca. **We will be joined by a health professional to talk about aging, things that happen to us as we grow older.**



REDISCOVERING THE ART OF DYING: A VIRTUAL BOOK STUDY

This Lent you are invited to join us in reading and discussing Sr. Nuala Kenny's book: Rediscovering the Art of Dying: How Jesus' Experience and Our Stories Reveal a New Vision of Compassionate Care. Then join us virtually via Zoom for three sessions to discuss the material. Sr. Nuala is a medical doctor, ethicist, professor emeritus with Dalhousie University's Faculty of Medicine and a member of the Sisters of Charity of Halifax. When she visited Moncton a few years ago, she said the goal of this book was to "bring together theological and spiritual reflection of Jesus' experience of suffering and death with patient and family experience of sickness and dying today," garnered during her many years of working in medicine. Contact **Karen at 387-4198** or youth@diocesemoncton.ca to register for the discussion.

This discussion will be conducted in English on Zoom with simultaneous translated captions. Zoom sessions will be held on **March 10th, and March 24th beginning at 1:30 pm.**



Women Protecting the Earth

In Brazil, the lives of several rural communities are disrupted by industrial agriculture, mining and the Carajás railway. Women are at the heart of the fight to protect the land and the environment from the air, water and soil pollution that they cause. This pollution damages their kitchen gardens and harms the health of their children, families and neighbours. Courageously, these women resist to continue to exist on their land. To assert and protect their rights, they formed a women's association called Seeds of the Earth with the support of **Justiça nos Trilhos** (JnT), a partner of Development and Peace — Caritas Canada. Discover JnT's work in our [Mini-magazine](#) and learn more about the women by watching their testimonies at devp.org/lent.

Worldwide Marriage Encounter – Virtual Experience

7 dates (sessions) from the comfort of your home, **Wednesday evenings at 7:00 pm (EST) March 25, April 1, 8, 15, 22, 29 and May 6, 2026.** Info.: Chuck and Mary Jane (646) 642-7463 or email:

Jimmy.bernice.acevedo@wwwme.org



*A time to mourn...
sincere sympathies to all who mourn the loss of a loved one.*



*Ecclesiastes 3
Under every season there is a time...A time to heal..*

St. Bernard's

Peter Quach	Conrad Coughlan	Fern Conlin
Angelique Williams	Janice Gallant	Brenda Lee Trites

St. Clement's

McGraw Family	Sharon Wall	Lorraine Doiron	Margaret Schriver	Cullen Flood
Brian Robichaud	Yannick Hardwood	Doug Purdy	Terissa Salmon	

St. Vincent's

Alvin Bernard	Vince Wood	Leone Campbell	Kathy Mattatall
Art Chase	Barb DeWitt	Leonard Burke	

And those who have died:

Mass times / Intentions:

St. Bernard's

Mon.	Mar 09	9:30 AM	Paul J. Gaudet & his family	Carmel Richard
Tues.	Mar 10	9:30 AM	Deceased family members	Conrad Coughlan
Wed.	Mar 11	9:30 AM	Late Gary & Mary O' Neill	Robert Barr
Thurs.	Mar 12	9:30 AM	Special Intention	AM Landry
Fri.	Mar 13	9:30 AM	Late Yolanda Tristan	Claudia McCloskey
Sat.	Mar 14	4:00 PM	Late Minnie Burnett	Ross & Sharon
Sun.	Mar 15	11:00 AM	Anniv. Late Michael Ahern	Family

St. Clement's

Sun.	Mar 08	11:00 AM	Camille Legere	Jan Legere
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St. Vincent's

Sun.	Mar 08	9:00 AM	Thanksgiving for parents' birthdays	Jane Cabaluna & Ariane Saldua
Sun.	Mar 15	9:00 AM	Ralph & Mary Byron	Claudia McCloskey

OFFERINGS

St. Bernard's Offerings: Mar 01, 2026

Reg Env	\$3897	Loose	\$1216.75	Syrian Fund	\$1525	Ash Wed	\$90		
New Year	\$20	Karing Kitchen	\$60	Lent	\$20	Candles	\$306.20	Cap. Exp	\$1012

St. Clement's Offerings: Mar 01, 2026

Envelopes	\$985	Energy	\$255	Donation w/ Receipt	\$125
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Thank you for your generous and continued support!!!

Dear Padre,

When I was young, my parish covered all the statues during part of Lent. What did it mean exactly? Do any churches still do this?

In 2001, the US Conference of Catholic Bishops approved the practice of veiling statues and crosses during the last two weeks of the season of Lent, beginning on the fifth Sunday of Lent. This practice is optional, at the discretion of the local pastor. According to the Roman Missal, “Crosses remain covered until the end of the celebration of the Lord’s Passion on Good Friday, but images remain covered until the beginning of the Easter Vigil.”

Covering crosses and statues in violet cloth in the final weeks of Lent indicates a shift in the Church’s focus from Jesus in the desert (gospel for the first Sunday of Lent) to Christ during his Passion. Similar to other Lenten disciplines of penance and fasting that align us in solidarity with Christ, the veiling custom is meant to deepen our appreciation for Christ’s ultimate sacrifice. It represents our “fasting” from sacred depictions of the cross on which hung our salvation and from images of the saints, who glorify Christ and in whom he is glorified. This concealment creates an absence to make our hearts grow fonder for the Lord, who “bore our sins in his body upon the cross, so that, free from sin, we might live for righteousness. By his wounds you have been healed” (1 Peter 2:24). ●



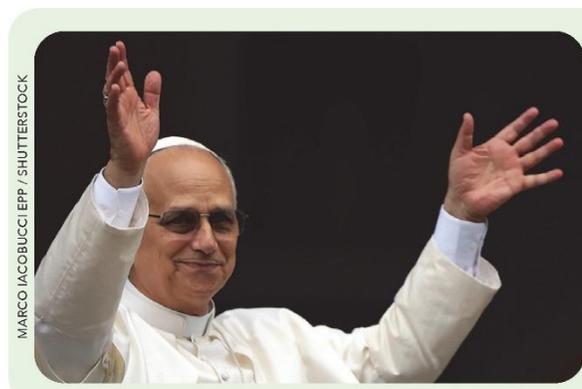
CATHOPIC

Fr. Byron J. Miller, CSsR / DearPadre.org

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
MARCH 9	MARCH 10	MARCH 11	MARCH 12	MARCH 13	MARCH 14	MARCH 15
<i>Lenten Weekday</i>	<i>Lenten Weekday</i>	<i>Lenten Weekday</i>	<i>Lenten Weekday</i>	<i>Lenten Weekday</i>	<i>Lenten Weekday</i>	<i>Fourth Sunday of Lent</i>
2 Kgs 5:1–15ab Lk 4:24–30	Dn 3:25, 34–43 Mt 18:21–35	Dt 4:1, 5–9 Mt 5:17–19	Jer 7:23–28 Lk 11:14–23	Hos 14:2–10 Mk 12:28–34	Hos 6:1–6 Lk 18:9–14	1 Sm 16:1b, 6–7, 10–13a Eph 5:8–14 Jn 9:1–41 or 9:1, 6–9, 13–17, 34–38

Do you have a question for the Padre?

Go to DearPadre.org to send your question and to learn more about *Dear Padre*.



MARCO JACOBUCCI EPP. / SHUTTERSTOCK

A WORD FROM POPE LEO XIV

We feel a deep and burning thirst that no drink in this world can satisfy. Knowing this, let us not deceive our hearts by trying to satisfy them with cheap imitations!... Let us turn this thirst into a step stool, like children who stand on tiptoe, in order to peer through the window of encounter with God.

HOMILY, ROME, AUGUST 3, 2025