



“Then Jesus was led by the Spirit into the desert to be tempted by the devil.”

MATTHEW 4:1



## Jesus for the Win

MIGUEL DULICK

**T**he account of the temptations could be presented as a comical play. Pope Francis insisted, “Don’t talk to the devil!” Indeed, Jesus does not engage in dialogue with Satan, much less any negotiation or any business. Stones become bread? Jesus may have fasted for forty days, but he’s had plenty to eat—“every word that comes forth from the mouth of God” (Matthew 4:4). Nor will Jesus “test” his Father by jumping off the “parapet of the temple” (like the bell tower of a gothic church). (See Matthew 5–7.) You don’t play God, and you don’t play *with* God. Satan really beclowns himself with the last temptation—promising the whole world if Jesus would just take a knee? No one would fall for that, would they?

Except—most of us. We’d do the bread; we’d do the jump; we’d definitely do the world! Look at the first reading, from Genesis. Adam and Eve give up paradise for a piece of fruit! It’s a sad story because Eve does chat with the serpent, answering questions, allowing for a different point of view. But, as they say on Facebook, Satan “destroys” her! And Adam, too. If they didn’t sew fig leaves for each other, the whole story would be unbearable. Even as they realize their sin, there is a little tenderness.

Saint Paul explains it clearly. Sin entered the world, but with Jesus Christ, there is an “overflow” of grace for the many. (See Romans 5:15.) And that’s what Lent is about—a flood of grace. ●



LEARN ABOUT  
THE AUTHORS  
OF OUR PARISH  
COMMUNITY

### Reflect

**What grace do I pray for this Lent—for myself and for someone who is struggling?**

**Welcome to The Good Shepherd Pastoral Unit**

	<p><b>St. Bernard's, 43 Botsford St., Moncton, NB E1C 4W9</b>  <b>Phone: (506) 857- 0425 Email: <a href="mailto:sbhf@rogers.com">sbhf@rogers.com</a></b>  <b>Parish Office hours:</b>  <b>Monday to Friday @ 9 AM – 12 PM &amp; 1 PM – 4 PM</b></p>
	<p><b>St. Vincent's, 63 Charlotte St., Sackville, NB, E4L 2Y5</b>  <b>Phone: (506) 536-1460 Email: <a href="mailto:stvince@nbnet.nb.ca">stvince@nbnet.nb.ca</a></b>  <b>Office hours: Monday &amp; Thursday @ 10 AM - 2 PM</b></p>
	<p><b>St. Clement's, 14 Church St., Port Elgin, NB E4M 2C9</b>  <b>Phone: (506) 538-2262 Email: <a href="mailto:stclement.stbartholomew@gmail.com">stclement.stbartholomew@gmail.com</a></b>  <b>Office hours: call office to verify</b></p>
<p><b>The Good Shepherd Pastoral Website: <a href="http://gsmoncton.ca">gsmoncton.ca</a></b></p>	
<p><b>Facebook page: <a href="https://facebook.com/gsmmoncton">facebook.com/gsmmoncton</a></b></p>	

**The Good Shepherd Pastoral Unit**

**St. Bernard's Parish Staff**

<b>Priest Administrator</b>	Fr. Damian Nwachukwu	<a href="mailto:sbhf@rogers.com">sbhf@rogers.com</a>
<b>Assistant Priest</b>	Fr. Carlos Jacinto	<a href="mailto:sbhf@rogers.com">sbhf@rogers.com</a>
<b>Pastoral Associate / Liturgy</b>	Maricel Rubio	<a href="mailto:sbliturgy@gmail.com">sbliturgy@gmail.com</a>
<b>Office Administrator</b>	Genevieve Alo	<a href="mailto:sbhf@rogers.com">sbhf@rogers.com</a>
<b>Bookkeeper</b>	Linda Arsenault	<a href="mailto:bookkeepersbgsp@gmail.com">bookkeepersbgsp@gmail.com</a>
<b>Catechetical Coordinator</b>	Lorella Dunnett	<a href="mailto:Lorella_st.bernards@hotmail.com">Lorella_st.bernards@hotmail.com</a>

**St. Vincent's Parish Staff**

<b>Parish Secretary</b>	Lorraine Horyl	<a href="mailto:stvince@nbnet.nb.ca">stvince@nbnet.nb.ca</a>
<b>Catechetical Coordinator</b>	Cathy Crinnion	<a href="mailto:crrinnion@yahoo.ca">crrinnion@yahoo.ca</a>

**St. Clement's Parish Staff**

<b>Parish Secretary</b>	Pam Van Egmond	<a href="mailto:stclement.stbartholomew@gmail.com">stclement.stbartholomew@gmail.com</a>
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**St. Bernard's Sacrament of Reconciliation regular schedule**

**Prior to Weekday Masses: Monday to Friday: 8:30 – 9:20 AM.**  
**Saturdays: 10:00 AM; First Friday of the month: 8:00 – 9:00 AM.**

**St. Bernard's**

**Mark Your Calendar**

<b>Carmelites</b>	2 <sup>nd</sup> Saturday of the month: 9:30 AM
<b>Prayer Group</b>	2 <sup>nd</sup> Saturday of month & last Saturday of month after 25 <sup>th</sup> @ 7PM
<b>RCIA meeting</b>	2 <sup>nd</sup> & 4 <sup>th</sup> Saturday of each month: 10 AM to 12 noon
<b>The Feast</b>	1 <sup>st</sup> & 3 <sup>rd</sup> Fridays of the month @ 6PM

 <p>Faith Formation</p>	<b>Sunday:</b> <b>Year 1-2-3 @ 9:15 AM</b> <b>Year 4-5-6 @ 12:15 PM</b>	<b>Tuesday:</b> <b>Years 1-2-3 @</b> <b>6 PM</b>	<b>Wednesday:</b> <b>Years 4-5-6 @ 6 PM</b>	
	<b>Session</b>			
	#12	February 22, 2026	February 24, 2026	February 25, 2026
	#13	March 08, 2026	March 10, 2026	March 11, 2026
	#14	March 22, 2026	March 24, 2026	March 25, 2026
	#15	April 12, 2026	April 14, 2026	April 15, 2026
#16	April 26, 2026	April 28, 2026	April 29, 2026	

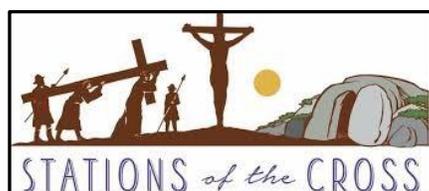
### St. Bernard's Faith Formation Schedule

#### Confirmation Preparation Schedule

Session	Sunday: 2 PM - 3:15 PM
February 22, 2026	Session #6 w/ Fr. Carlos – Gathering in the hall
April 12, 2026	Rehearsal – Gathering in Church
April 19, 2026	Sacrament of Confirmation Celebration at 11am

#### Holy Communion Preparation for Children Schedule

Session	Sunday: 2 PM
March 22, 2026	Hall/Church
April 26, 2026,	Hall/Church
May 10, 2026, Holy Communion	Church



### *The Way of the Cross*

The Way of the Cross will be prayed **during the holy season of Lent on Friday evenings at 6:30 PM**. All are invited and encouraged to attend. To make this prayer available to as many people as possible, we will celebrate it in the different churches according to the following schedule:

Immaculate Heart: **Feb 20, Mar 13, Apr 03**

St. Augustine's: **Feb 27, Mar 20**

St. Bernard's": **Mar 06, Mar 27**

### Income Tax Receipts

Tax receipts will be available on the Masses on **February 21 and 22**. Any receipts not collected at those Masses may be picked up from the parish office **Monday–Friday, February 23–27**, during office hours (**9:00 a.m.– 4:00 p.m.**). Thank you for your patience, and heartfelt thanks to everyone for your generous support of the parish.

### Sacrament of Baptism Schedule

The Sacrament of Baptism will be celebrated monthly on the **3rd Sunday of each month at our parish**. **Parents and godparents** are required to attend a Baptism preparation class (date/time to be arranged). To register or for more information, please email **Maricel Rubio** at [sbliturgy@gmail.com](mailto:sbliturgy@gmail.com). Please register early to ensure scheduling.

### Women's Spiritual Exercises (Silent Retreat) - Pilgrims of Hope to Apostles of Joy.

**April 16-19, 2026:** Come away to Our Lady of Hope Retreat Centre, PE to refresh and renew your soul in Christ. Registration includes 3 nights accommodation, 9 meals and all retreat materials. Early bird rate: **\$450 before March 27, 2026**. Regular rate: **\$475 (March 27- April 12, 2026)**  
 For registration or questions please email: [rcmaritimes@gmail.com](mailto:rcmaritimes@gmail.com)

### Knights of Columbus Council 1310 Monthly Breakfast

84 Broadway Street, Moncton

**March 1st from 8:30AM - 12:30PM \$12 for Adults, \$5 for children.**

Menu includes: bacon, ham, sausage, eggs, pan fries, baked beans, pancakes, toast, tea, coffee and juice

All are welcome!

### St. Bernard's CWL

**St. Patrick's Day Mass** will be held at **St. Bernard's Church at 12pm on Tuesday, March 17**. As in the past, collection will go to the bursary offered by the Irish Canadian Cultural Association of New Brunswick-WAK Chapter. Following the mass, **Irish Stew will be provided at the Moncton Press Club, cost \$5.00.**

### Syrian Family Update

In our message to announce **Noura and Charbel's safe arrival** in the late fall, we mentioned that we would share details about Noura's frightening experience during these past 7 years living as a refugee and also our duties as a sponsor. Part 1 will be distributed the weekend of Feb.14/15 and Part 2 the weekend of Feb.21/22 as you leave mass. Thank you for your continuing support. **St. Bernard's Syrian Family Committee**

### St. Vincent's

**ONLINE BANKING OPTION** – Please be advised that, in addition to being able to sign up for pre-authorized debit monthly donations (sign up cards are on the table at the entrance to the church), St. Vincent's can now offer an easy online banking option to its parishioners. If you wish to make a donation to St. Vincent's, we are now able to accept **Interac e-Transfers!** Simply go to your online banking, choose "**Send an Interac e-Transfer**" and opt to send your donation to St. Vincent's by using the church email address which is [stvince@nbnet.nb.ca](mailto:stvince@nbnet.nb.ca).

**2025 INCOME TAX RECEIPTS** – Please be advised that the 2025 Income Tax Receipts are now being distributed.

**2026 DONATION ENVELOPES** – Please remember to pick up your boxed collection envelopes for 2026 which are located on a table on the right-hand side as you enter the church. If you do not already have boxed envelopes, please speak to Lorraine and a numbered box will be assigned to you.

**SCENT FREE ENVIRONMENT** – For the health and comfort of those with allergies, we ask that you refrain from wearing colognes or perfumes when attending mass.

**✠ JOIN OUR PARISH CHOIR – ALL ARE WELCOME! ✠** – For info, please contact **Karen Olscamp**, [kolscamp@live.com](mailto:kolscamp@live.com), or **506-536-3050**.

**ROSARY** – You are invited to join a group of faithful parishioners who gather to pray the Rosary in St. Vincent's chapel every Thursday at 10:00 a.m.

**PARISH CALENDAR** – Please consult the calendar at the entrance to the church for upcoming events.

**SACKVILLE FOOD BANK** - Thank you to all who have donated to the Sackville Food Bank in the past year. **As the need is great not only in Sackville, but in Dorchester as well, our contributions to the Food Bank basket will now be divided between the two communities; one week the donations will go to the Sackville Food Bank and next week the donations will go to the Dorchester Food Bank.** The donation basket is located on the right-hand side of the entrance to the church. In addition, if you have household items that you wish to donate, please consider giving them to the Second Chances Thrift Store located at 18 Lorne Street. All proceeds are forwarded to the Sackville Food Bank.

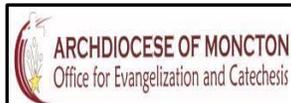
#### The Faith Formation schedule is as follows (location is St. Vincent's Hall):

Feb 22nd, 2026 at 10am	Elementary group session (grades 4+)
March 1st at 10am	Primary group session (gr. 1-3)

#### Sacramental preparations:

Confirmation gatherings (plus service to others: January to April)	Feb 22nd, March 15th, March 29th (gatherings start at 6:30pm) Confirmation at Mass on April 12, 2026
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For questions and inquiries, please contact Cathy Crinnion at [ccrinnion@yahoo.ca](mailto:ccrinnion@yahoo.ca)



#### Office for Evangelization & Catechesis

Trevor Droesbeck - 857- 4879 or [adultfaith@diocesemoncton.ca](mailto:adultfaith@diocesemoncton.ca)

Karen LeBlanc – 387- 4198 or [youth@diocesemoncton.ca](mailto:youth@diocesemoncton.ca)

**COFFEE FOR CAREGIVERS**, is an opportunity for fellowship with others providing care for an adult spouse, family, or friend with needs. Please join us as we gather on the following dates: **March 5th, March 19th, April 2nd, 16th,**

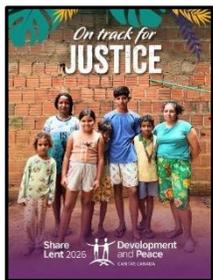
and 30th at Holy Family Church Hall at 2:00 pm. Contact Mike Jeffries 506-851-1271 or Karen at 506-387-4198. Everyone is welcome.

**SENIORS CONNECT** Save the date! Our next Seniors Connect will be held on **Thursday, March 19th, 10:30 am at Holy Family Parish** (52 Falkland Street). Contact Karen LeBlanc at 387-4198 or email [youth@diocesemoncton.ca](mailto:youth@diocesemoncton.ca). **We will be joined by a health professional to talk about aging, things that happen to us as we grow older.**

### REDISCOVERING THE ART OF DYING: A VIRTUAL BOOK STUDY

This Lent you are invited to join us in reading and discussing Sr. Nuala Kenny's book: Rediscovering the Art of Dying: How Jesus' Experience and Our Stories Reveal a New Vision of Compassionate Care. Then join us virtually via Zoom for three sessions to discuss the material. Sr. Nuala is a medical doctor, ethicist, professor emeritus with Dalhousie University's Faculty of Medicine and a member of the Sisters of Charity of Halifax. When she visited Moncton a few years ago, she said the goal of this book was to "bring together theological and spiritual reflection of Jesus' experience of suffering and death with patient and family experience of sickness and dying today," garnered during her many years of working in medicine. Contact **Karen at 387-4198 or [youth@diocesemoncton.ca](mailto:youth@diocesemoncton.ca)** to register for the discussion.

This discussion will be conducted in English on Zoom with simultaneous translated captions. Zoom sessions will be held on **March 10th, and March 24th beginning at 1:30 pm.**



### This Lent, let's move forward On Track for Justice

The Church, like a mother, accompanies those who are walking."

— Pope Leo XIV (Dilexi te, §75)

Development and Peace — Caritas Canada's 2026 Share Lent campaign, **On Track for Justice**, has been launched! Together, let's walk hand in hand with communities in the Global South who are working for justice, peace and dignity. How?

1. **By donating online** at [devp.org/give](https://devp.org/give) or during the Solidarity Sunday collection on March 22, the fifth Sunday of Lent. Your generosity helps support over 59 projects in 34

countries around the world!

2. **Get the Mini-magazine** and follow the Solidarity Calendar with your family. Discover all the resources at [devp.org/lent/resources](https://devp.org/lent/resources).

For more information, contact Development and Peace — Caritas Canada English local Office in the Maritimes at 902 429-9489 or mail [Adah.Ogbe@devp.org](mailto:Adah.Ogbe@devp.org)

### Worldwide Marriage Encounter – Virtual Experience

7 dates (sessions) from the comfort of your home, **Wednesday evenings at 7:00 pm (EST)**

**March 25, April 1, 8, 15, 22, 29 and May 6, 2026.**

Info.: Chuck and Mary Jane (646) 642-7463 or email: [Jimmy.bernice.acevedo@wwwme.org](mailto:Jimmy.bernice.acevedo@wwwme.org)

### Greater Shediac Area Invites Community to World Day of Prayer Service

The **Greater Shediac Area World Day of Prayer Committee** invites everyone to join in prayer on **Friday, March 6, 2026, at 2:00 p.m.** at **Our Lady of Mercy Church**, located at **11 St. Andrews Street, Pointe-du-Chêne, New Brunswick**. This special service is part of the **World Day of Prayer**, an international, ecumenical Christian movement led by women and celebrated in more than 120 countries around the world. The 2026 service has been prepared by the women of **Nigeria** and is centered on the theme "**I Will Give You Rest: Come**" (Matthew 11:28–30). Following the service, all attendees are warmly invited to remain for a **light lunch and fellowship**, providing an opportunity for community connection and reflection. **All are welcome and encouraged to attend.** Information, please contact Odette at 506-531-0252.



*A time to mourn...  
sincere sympathies to all who mourn the loss of a loved one.*



*Ecclesiastes 3*  
*Under every season there is a time...A time to heal...*

**St. Bernard's**

Peter Quach	Conrad Coughlan	Fern Conlin
Angelique Williams	Janice Gallant	Brenda Lee Trites

**St. Clement's**

Sharon Wall	Lorraine Doiron	Ron Drisdelle	Margaret Schriver	Cullen Flood
Elaine Black	Brian Robichaud	Yannick Hardwood	Doug Purdy	

**St. Vincent's**

Alvin Bernard	Vince Wood	Leone Campbell	Kathy Mattatall
Art Chase	Barb DeWitt	Leonard Burke	

***And those who have died, including Robert Lucci***

**Mass times / Intentions:**

**St. Bernard's**

Mon.	Feb 23	9:30 AM	For the People	
Tues.	Feb 24	9:30 AM	For the Successful Cancer Treatment of Marilyn Bassett	Norma Sanders
Wed.	Feb 25	9:30 AM	For the Souls in Purgatory	McDonald Family
Thurs.	Feb 26	9:30 AM	For Janice Gallant's Health	Gloria & Family
Fri.	Feb 27	9:30 AM	P.J. Gaudet & his Family	Carmel
Sat.	Feb 28	4:00 PM	Claude Cormier	Jim Goguen
Sun.	Mar 01	11:00 AM	For the People	

**St. Clement's**

Sun.	Feb 22	11:00 AM	The Souls in Purgatory	Joanne Carroll
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**St. Vincent's**

Sun.	Feb 22	9:00 AM	Vince Reinsborough	Conrad Coughlan
Sun.	Mar 01	9:00 AM	Special Intention	A Parishioner

**OFFERINGS**

**St. Bernard's Offerings: February 15, 2026**

Reg Envs	\$3345	Loose	\$1073.60	World Youth Day	\$5000	Karing Kitchen	\$10
Ash Wed	\$147	Syrian	\$70	Need of the Church	\$50		
Marriage Enrich	\$900	Candles	\$188.25	Capital Expenditure	\$265		

**PADS: Bldg/Cap \$963.33; Karing Kitchen \$75; Youth \$85; Reg \$3646.67**

**St. Clement's Offerings: February 15, 2026**

Envelopes	\$250				
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**St. Vincent's Offerings: February 15, 2026**

Reg Envs	\$495	Loose	\$10	Maintenance	\$25
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***Thank you for your generous and continued support!!!***

## Marriage Enrichment Retreat- February 13-15, 2026

Our recently concluded Marriage Enrichment Retreat at Villa Madonna Retreat House was a tremendous success! Heartfelt thanks to our couples who participated so generously, to our facilitators **Joe & Deb D'Ettore** and **Fr. Carlos Jacinto**, to our talented decorators **Scott & Christine Wright**, and to our inspiring guest speaker **Genessa Nagas**.

We are also deeply grateful to our generous sponsors who helped make this beautiful weekend possible. Together, we continue to build strong, Christ-centered marriages in our diocese.



# Dear Padre,

***I was taught that it is a requirement to fast at least one hour before receiving Communion. However, I've seen donuts out before Mass begins and hear candy wrappers being crumpled around me. This seems disrespectful to me.***

It is important to use the correct words when describing a particular action. In this case, “requirement” does not really capture the full meaning and understanding of what the Church teaches. A better understanding is that it is a discipline and a practice of the Church to ordinarily observe the eucharistic fast for one hour before receiving holy Communion. If you are of a certain age, you may remember that there have been changes regarding the eucharistic fast. A “requirement” might suggest that the fast is integral to the sacrament itself. It is not.

The second part of your question seems to be a matter of perception. Based on your perception, you judge something to be not quite right. But, consider that there are many reasons why hospitality may be set up before Mass. The crumpling of wrappers could be something other than what you identify. Regardless, you are not required to assume the burden of policing what is taking place at Mass. It is much better to participate, celebrate, and be grateful for the sacrament that we gather to experience as a community of faith. ●



**Fr. Thomas M. Santa, CSSR / DearPadre.org**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>	<b>Sunday</b>
February 23	February 24	February 25	February 26	February 27	February 28	March 1
<i>Lenten Weekday</i>	<i>Lenten Weekday</i>	<i>Lenten Weekday</i>	<i>Lenten Weekday</i>	<i>Lenten Weekday</i>	<i>Lenten Weekday</i>	<i>Second Sunday of Lent</i>
Lv 19:1–2, 11–18	Is 55:10–11	Jon 3:1–10	Est C:12, 14–16, 23–25	Ez 18:21–28	Dt 26:16–19	Gn 2:1–4a
Mt 25:31–46	Mt 6:7–15	Lk 11:29–32	Mt 7:7–12	Mt 5:20–26	Mt 5:43–48	2 Tm 1:8b–10
						Mt 17:1–9

## **Do you have a question for the Padre?**

Go to **DearPadre.org** to send your question and to learn more about **Dear Padre**.



## **A WORD FROM POPE LEO XIV**

***Today, signs of hope are increasingly found in care homes, communities for minors, centers for listening and acceptance, soup kitchens, homeless shelters, and low-income schools. How many of these quiet signs of hope often go unnoticed and yet are so important for setting aside our indifference and inspiring others to become involved in various forms of volunteer work!***

**MESSAGE FOR WORLD DAY OF THE POOR, ROME, JUNE 13, 2025**