



## Life Out of Focus

FR. JOSEPH JUKNIALIS

**I** found myself angry the other day, as we all do, I suppose, whenever we put our foot in our mouth, or forget about an important engagement, or scramble whatever it was we had hoped would be picture-perfect. What I had scrambled was a homily. For some reason, the image came out wrong, or the example did not fit, or it just did not come together the way I had hoped. And I was angry with myself to the point that it caught me off guard. It was an unexpected glimpse of what I didn't want to admit: the fact that the way people might perceive me as a preacher had taken on more importance than preaching God's word. Life had gotten out of focus. A perspective had been lost.

It happens to us all in the course of our lifetimes,

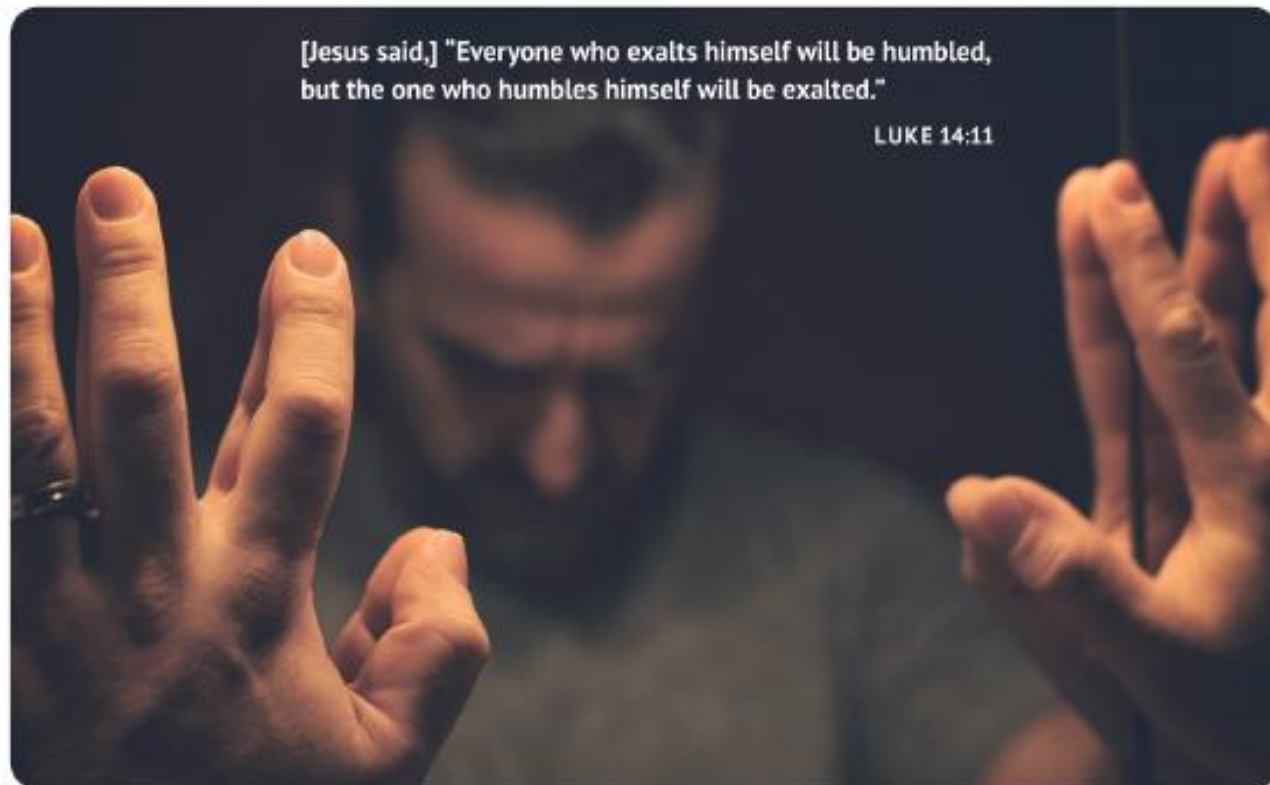
and more than once. Grades become more important than learning, or being right more important than the relationship, or the address of where we live more important than the people living together. It happens between parent and child when a parent places greater significance on the son's or daughter's profession than on that son's or daughter's happiness. Like in the parable of Jesus, where we sit at table takes on greater meaning than the people who gather or the meal that is shared. That is what pride does. It distorts what is real and shifts the focus of life to ourselves. The antidote? A prayerful awareness of who we are and who God is. ●

### Reflect

***What is more important to me than it should be?***

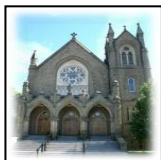
[Jesus said,] "Everyone who exalts himself will be humbled,  
but the one who humbles himself will be exalted."

LUKE 14:11



## Welcome to The Good Shepherd Pastoral Unit

**New Website: [gsmoncton.ca](http://gsmoncton.ca)**



**St. Bernard's, 43 Botsford St., Moncton, NB E1C 4W9**

**Phone:** (506) 857- 0425 **Email:** [sbhf@rogers.com](mailto:sbhf@rogers.com)

**Office hours for next week:** Tuesday - Thursday: 9 AM – 12 noon & 1 – 4PM.

**Closed on Monday Sept. 1. Happy Labour Day to all! Fridays: closed.**



**St. Vincent's, 63 Charlotte St., Sackville, NB, E4L 2Y5**

**Phone:** (506) 536-1460 **Email:** [stvince@nbnet.nb.ca](mailto:stvince@nbnet.nb.ca)

**Office hours:** Monday & Thursday @ 10 AM- 2 PM



**St. Clement's, 14 Church St., Port Elgin, NB E4M 2C9**

**Phone:** (506) 538-2262 **Email:** [stclement.stbartholomew@gmail.com](mailto:stclement.stbartholomew@gmail.com)

**Office hours:** call office to verify

### The Good Shepherd Pastoral Unit

#### St. Bernard's PMT

<b>Priest Administrator</b>	Fr. Damian Nwachukwu	<a href="mailto:sbhf@rogers.com">sbhf@rogers.com</a>
<b>Assistant Priest</b>	Fr. Carlos Jacinto	<a href="mailto:sbhf@rogers.com">sbhf@rogers.com</a>
<b>Liturgy</b>	Darlene McGraw	<a href="mailto:darlenemcgraw@rogers.com">darlenemcgraw@rogers.com</a>
<b>Catechetics</b>	Lorella Dunnett	<a href="mailto:Lorella_st.bernards@hotmail.com">Lorella_st.bernards@hotmail.com</a>
<b>Social Justice</b>	Claudia McCloskey	
<b>Adult Faith</b>	Andrew Wilson	

#### St. Bernard's Parish Staff

<b>Pastoral Associate/ liturgy</b>	Darlene McGraw	<a href="mailto:darlenemcgraw@rogers.com">darlenemcgraw@rogers.com</a>
<b>Receptionist / Bookkeeper</b>	Giredine Aguidi	<a href="mailto:sbhf@rogers.com">sbhf@rogers.com</a>
<b>Catechetical Coordinator</b>	Lorella Dunnett	<a href="mailto:Lorella_st.bernards@hotmail.com">Lorella_st.bernards@hotmail.com</a>

#### St. Vincent's Parish Staff

<b>Parish Secretary</b>	Lorraine Horyl
<b>Catechetical Coordinator</b>	Cathy Crinnion

#### St. Clement's Parish Staff

<b>Parish Secretary</b>	Pam Van Egmond
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#### St. Bernard's Sacrament of Reconciliation regular schedule

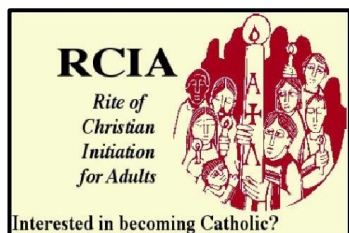
**Prior to Weekday Masses: Monday to Friday: 8:30 – 9:20 AM**

**Saturdays: 10:00 AM; First Friday of the month: 8:00 – 9:00 AM.**

## St. Bernard's

### Mark Your Calendar

<b>Carmelites</b>	2 <sup>nd</sup> Saturday of the month: 9:30 AM
<b>Prayer Group</b>	2 <sup>nd</sup> Saturday of month & last Saturday of month after 25 <sup>th</sup> @ 7PM
<b>RCIA meeting dates</b>	2nd & 4th Saturday of each month: 10 AM to 12 noon – beginning September 27th
<b>Baptism preparation</b>	Sunday, October 5th @ 1:30 PM



**Do you believe? About Jesus? About the Sacraments?  
About Salvation? Interested in becoming Catholic?**

**Then please feel welcome to join the St. Bernard's RCIA team (Rite of Christian Initiation of Adults and Children) here at St. Bernard's on the second and fourth Saturday of each month from 10 AM to 12 noon, beginning Saturday, September 27, 2025.**

The RCIA team here at St. Bernard's exists to welcome individuals who are wondering about the Roman Catholic Church and to help them in their search for spiritual guidance and a sense of church community. We also welcome those Catholics who haven't yet completed their preparation for Confirmation and Eucharist and wish to do so. Whether adult or child inquirer, candidate or catechumen, the team provides the elements for preparation including prayer, reflection on the Sunday liturgy of the Word, education about our faith and mutual support during the ups and downs of our individual journeys of faith.

If you or someone you know is thinking of becoming a member of the Catholic Church, please invite him or her to contact St. Bernard's Pastoral Associate, Darlene McGraw at 857-0425 or [darlenemcgraw@rogers.com](mailto:darlenemcgraw@rogers.com) for more information on RCIA.

### FAMILY FAITH CATECHISM

**Welcome to new and returning families as we embark and continue in our faith journey!**



All families whose children are baptized and entering grade one or older and want to grow their relationship with Jesus, are welcome to

join our parish family to learn about our faith.

• All families must be registered with our parish. [www.gsmoncton.ca](http://www.gsmoncton.ca) -> **I'm New ->Registration for new parishioners**

- All children are accompanied by a parent.
- All Sessions are bi-weekly.
- Sun. or Tues. (Level 1-2-3), Sun. or Wed. (Level 4-5-6), Sunday Confirmation (year 7).
- Fee: \$30/child or \$50/more than one child. All supplies included.

**New families can register in person** on Saturday, September 6<sup>th</sup> 1:30 PM-3:30 PM, returning families, keep an eye on your inbox!

Our Start date: Sunday, Sept. 21, Tuesday, Sept. 23, or Wednesday, Sept. 24, 2025.

If you have any questions, please feel free to contact me @ 506-857-0425 or [lorella\\_st.bernards@hotmail.com](mailto:lorella_st.bernards@hotmail.com).

## St. Clement's

**Special Wish for Jan Legere:** Our precious Jan Legere is heading on a pilgrimage on the Camino de Santiago which leads to the Cathedral of Santiago de Compostela in Spain. It is over 200 km of walking. and is the pilgrimage St. James did. I know we will all keep her in our prayers daily, while she proudly follows this journey.

## St. Vincent's

**FAITH FORMATION** for families with children in grades 1-9: Our startup meeting will take place after Mass on **September 7<sup>th</sup> at 10am** downstairs in the Hall. A welcome session for children, accompanied by parent(s) (or adult friend/caregiver), we will discuss with parents the format of the Faith Formation program and the plans for upcoming sacramental preparations. Contact Cathy with any questions (or if you cannot attend on the 7<sup>th</sup>) at [ccrinnion@yahoo.ca](mailto:ccrinnion@yahoo.ca). **Helpers are in great need for this program**, and there are a variety of roles for parishioners to support the faith growth of our parish children and young families!

**LECTOR'S WORKSHOP:** For new lectors and those wanting a refresher, there will be a short workshop at the church on Saturday **September 6<sup>th</sup> at 10 am**.

**LAY MINISTERS' BLESSING:** At Mass on **September 14<sup>th</sup>**, lay ministers serving in all ministries will receive a blessing (for all volunteers other than the elected officers/Local Parish Council).

**PARISH QUESTIONNAIRE re: EUCHARISTIC ADORATION:** There has been a request for a monthly Eucharistic Adoration at St. Vincent's, an opportunity for parishioners to pray in the presence of Jesus Christ. Is there general interest in this? When would be the best time to schedule this (once per month)? **Parishioners can indicate their interest on the questionnaire in the church vestibule or by sending an email with preferred day and time to [stvince@nbnet.nb.ca](mailto:stvince@nbnet.nb.ca).**

**MOUNT ALLISON CHORAL SOCIETY & CHILDREN'S CHOIR** – You are invited to join the ***Mount Allison Choral Society***, a choir of approximately 50 mixed voices, which meets on Tuesday evenings from 7 – 9:30 pm in Brunton Auditorium of the Marjorie Young Bell Conservatory of Music, located at 134 Main Street. All are welcome! The first Choral Society rehearsal will take place on Tues., Sept. 2 at 7 pm. No audition necessary. Music-reading skill is helpful but not required. The ***Mount Allison Children's Children's Choir*** (ages 3-12) meets on Thursday evenings at the Marjorie Young Bell Conservatory of Music. All interested singers and parents are invited to an information meeting on Thurs., Sept 18 at 6 pm in the Choral Room (Rm 204). Contact [kgalway@mta.ca](mailto:kgalway@mta.ca) for more details.

**PARKING** – Please be advised that plans are in the works for repairing and repainting the parking spaces in our parking lot in the near future.

**PARISH CALENDAR** – For up-to-date events happening at St. Vincent's, please consult the calendar at the entrance to the church and advise the Parish Office of upcoming events to add to the calendar.

**ROSARY** – In St. Vincent's chapel on Thursdays at 10:00 am.



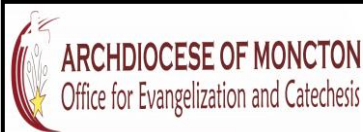
## St. Vincent's

**DONATIONS OF HOUSEHOLD GOODS** – Thank you to all who have donated household items for the use of the Filipino newcomers in the past year. Three additional Filipino nurses arrived very early Sunday morning and started their training at the Drew Nursing Home on Tuesday morning. They are provided an apartment in one of the cottages at the Drew Nursing Home for the month of September, after which they are expected to find their own accommodations. They will need a variety of household items (furniture, dishes, small appliances, bedding, etc) for their apartments. Please be in touch with Lorraine at the Parish Office 506-536-1460 or [stvince@nbnet.nb.ca](mailto:stvince@nbnet.nb.ca) for further information as it is available.

**SACKVILLE FOOD BANK** – With the rising cost of groceries, there are many individuals and families in the Sackville area who are struggling to put nutritious food on their tables. If you are able, please contribute non-perishable food and/or toiletry items to our local Food Bank. The donation basket is located on the right-hand side of the entrance to the church. In addition, please note that a new thrift store has opened at 18 Lorne Street and is accepting donations of household items, clothing, etc. All proceeds are forwarded to the Sackville Food Bank.



**News Flash** ... Recently, the Sackville Food Bank opened their ***new thrift store*** located at 18 Lorne Street with business hours Wednesday through Saturday from 10 a.m. – 3 p.m. Proceeds go to the Sackville Food Bank. If you have items to donate, the store is open for donations only on Mondays from 10 a.m. to 3 p.m.



### OFFICE FOR EVANGELIZATION & CATECHESIS

Trevor Droesbeck - 857-4879 or [adultfaith@diocesemoncton.ca](mailto:adultfaith@diocesemoncton.ca)  
Karen LeBlanc – 387-4198 or [youth@diocesemoncton.ca](mailto:youth@diocesemoncton.ca)

### Give your relationship the gift of time, reflection and renewal

A Marriage Encounter Weekend experience is a special opportunity for husbands and wives to reconnect, deepen your love, and rediscover the joy of being together. It's not marriage counseling, a retreat, or a group therapy session - this is private time just for the two of you to grow as a couple.


**When:** September 26, 27, and 28th 2025.

For more information, contact Joanne or Ron Arsenault, 506-451-8489 or email [ron.joanne.arsenault@wwme.org](mailto:ron.joanne.arsenault@wwme.org).

**The Knights of Columbus** are proud to announce the holding of the 41st annual Papal Mass, celebrating the visit of Saint Pope John Paul II in 1984; to be held on **Saturday, the 13<sup>th</sup> day of September 2025, at 11:00 a.m., at the Magnetic Hill Papal Site.**

Archbishop Guy Desrochers to be celebrant.

The Mass will be preceded by the recitation of the Rosary at 10:00 a.m. at the Prayer Garden. The celebration will be followed by a barbeque. Please come and help us commemorate this blessed event in our communities' history. All are welcome! For information, call (506) 871-3912. In event of rain, celebration to be held at same time at Notre Dame de Grace Church.

	<p><i>A time to mourn... sincere sympathies to the family of:</i></p>
<b>Marita McCarron</b> , sister of Francis (Debbie) McCarron.	
<b>Dolores Biddington</b> , wife of Norman, mother of Brian, David, and Dale.	
<b>Alfred Duncan</b> , husband of Gloria, father of Paul & Nicole.	
<b>Gregory Edward Murphy</b> , husband of Cathie, father of Rosanna & Thomas, son of Jane Murphy; brother of Penny, John and Hugh.	
<b>Rick Bell</b> , husband of Louise.	

	<p><i>Ecclesiastes 3</i></p>
	<p><i>Under every season there is a time... A time to heal...</i></p>

St. Bernard's					
Patricia Devine		Claire Struble	Peter Quach	Rudy Singh	Paul Fortin
Lylla Roach	Florencia Santos		Paul Cassidy	Alfred Duncan	Alma Melanson
St. Clement's					
McGraw Family		Garry Johnson	Pamela Gagnon	Sharon Wall	Janice Allen
Baby Oliver		Val Connors	John & Darlene Keough		
St. Vincent's					
Barb DeWitt	Leonard Burke	Leone Campbell	Art Chase	Vince Wood	Kathy Mattatall
And those who have died.					



### ST. BERNARD'S BAPTISM AND BAPTISM PREPARATION

The arrival of a new member of the family is a time of great excitement and joy. As you welcome your new child into your family, you also begin to plan and provide the best for them. Like you, Jesus Christ wants the best for your child, as well. One of the first steps in introducing your child to God and to your faith is through baptism. Asking to have your child baptized

shows that you recognize the importance of God in your life, and that you want your child to be a child of God and to be a member of a Christian community. In preparation for baptism our archdiocese requires that parents attend a baptismal preparation course prior to Baptism. **St. Bernard's will be offering a Baptism Preparation Course on Sunday, October 5 at 1:30 PM. Registration is required prior to the course. Please contact Darlene McGraw at [darlenemcgraw@rogers.com](mailto:darlenemcgraw@rogers.com) or by calling 506-857-0425.**

## Mass times / Intentions:

### St. Bernard's

Mon.	Sept. 1	9:30 AM	Anniv. Late Herman Vringer	Martha, Denis, Davis & Family
Tues.	Sept. 2	9:30 AM	Late Corry Evers	Van der Pass & Van der Meer families
Wed.	Sept. 3	9:30 AM	Late Mildred "Millie" LeBlanc	Christelle Doiron
Thurs.	Sept. 4	9:30 AM	Late Judy LeBlanc	Gloria Nowlan
Fri.	Sept. 5	9:30 AM	Late Yvonne Fryatt	Eileen Sanders
Sat.	Sept. 6	4:00 PM	For The People	
Sun.	Sept. 7	11:00 AM	Anniv. Late Ruth Foran	Lorraine Montford

### St. Clement's

Sun.	Sept. 7	11:00 AM	Camille Leger	Jan Legere
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### St. Vincent's

Sun.	Sept. 7	9:00 AM	Late Mary-Anne Campbell-Coates	Margaret Campbell
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## OFFERINGS

### St. Bernard's Offerings + PADs & online – August 23 & 24, 2025

Envelopes	\$3437.65	Loose	\$906.35	Karing Kitchen	\$140	Syrian Fund	\$50
Capital Fund	\$310	Needs of the Can. Church	\$5	Easter	\$20	ReConnect	\$40
All souls	\$20	Religious Ed.	\$20	Donations	\$1049.99	Indigenous	\$500

### St. Clement's offerings – August 24, 2025

Envelopes	\$684	Collection	\$45	Donations w/receipt	\$45	
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### St. Vincent's offerings – August 24, 2025

Envelopes	\$1350	Loose	\$97.50	Maintenance	\$105	
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***Thank you for your generous and continued support!!!***



### **First Friday Devotion on September 5, 2025, at St. Bernard's Church**

8:00 AM – Exposition of the Blessed Sacrament – Sacrament of Reconciliation

9:00 AM – Benediction - Reposition of the Blessed Sacrament

9:30 AM – Holy Mass



# Dear Padre,

## Is it sacrilegious to throw away a sacramental?

"Sacramentals do not confer the grace of the Holy Spirit in the way that the sacraments do, but by the Church's prayer, they prepare us to receive and dispose us to cooperate with it" (*Catechism of the Catholic Church*, 1670). Therefore, sacramentals confer grace through the Church's power of prayer and, if blessed, should not be thrown away but burned and/or buried. If the object has not been blessed, it can be discarded; however, it could also be donated to a Catholic ministry (school, prison, hospital, etc.) that would benefit from its distribution. (If a religious object was included in an unsolicited appeal letter from a charitable organization, it is safe to assume that it was not blessed.)

If the object is worn or broken, it should be substantially altered so that it loses its form as a sacramental and then returned to the earthly elements. For example, a worn scapular should be burned and the ashes buried; a damaged statue should be further broken into smaller fragments and buried. A European tradition on the Vigil of the Nativity of Saint John the Baptist (June 23) is to burn old sacramentals in bonfires and bury the ashes. Burning and/or burial respects the sacred nature once held by these items and prevents their adaptation for trivial use. Reverence and discretion are proper for whatever method of disposal. ●



FACIO PHILIP SANSONO/ISTOCK / SHUTTERSTOCK

Fr. Byron Miller, CSsR / [DearPadre.org](http://DearPadre.org)

## Do you have a question for the Padre?

Go to [DearPadre.org](http://DearPadre.org) to send your question and to learn more about *Dear Padre*.

### A WORD FROM POPE FRANCIS

*To follow [Jesus]...means "carrying one's cross": shouldering, like him, one's own burdens and those of others, making one's life a gift, not a possession, spending it in imitation of his own generous and merciful love for us. These are decisions that engage the totality of our lives.*

HOMILY, ROME,  
SEPTEMBER 4, 2022

GOOGLE GEMINI



#### Monday

September 1

Weekday

1 Thes 4:13-18

Lk 4:16-30

#### Tuesday

September 2

Weekday

1 Thes 5:1-6, 9-11

Lk 4:31-37

#### Wednesday

September 3

St. Gregory the  
Great, Pope and  
Doctor of the Church

Col 1:1-8

Lk 4:38-44

#### Thursday

September 4

Weekday

Col 1:9-14

Lk 5:1-11

#### Friday

September 5

Weekday

Col 1:15-20

Lk 5:33-39

#### Saturday

September 6

Weekday

Col 1:21-23

Lk 6:1-5

#### Sunday

September 7

Twenty-third Sunday  
in Ordinary Time

Wis 9:13-18b

Phlm 9-10, 12-17

Lk 14:25-33