



To Be or Not to Be...Spiritual

FR. JOSEPH JUKNIALIS

Just as we may hear the voice of our mother echoing in our head long after she has passed away, in much the same way do we who gather week after week as people of faith begin to hear the words and wisdom of the Lord Jesus. It is how he shepherds us, and how we follow him—by hearing and then living his word.

There are some who say they are not religious, but they are spiritual. Ultimately, to be spiritual is to have a core set of values by which one lives. One's core values can take many shapes. For us, who call ourselves disciples of Jesus, to be spiritual is to take on the values and wisdom of Jesus—to allow his way to take root in the core of who we are. It means living by the wisdom of his word. Being spiritual includes *honesty, gentleness, patience, joy, civility, simple living, mercy, compassion, peace, reverence and awe, obedience, justice, courage, balance in life, humility, chastity, kindness, generosity, lightheartedness, care for the common good, prayerfulness, and respect for all of creation as holy.*

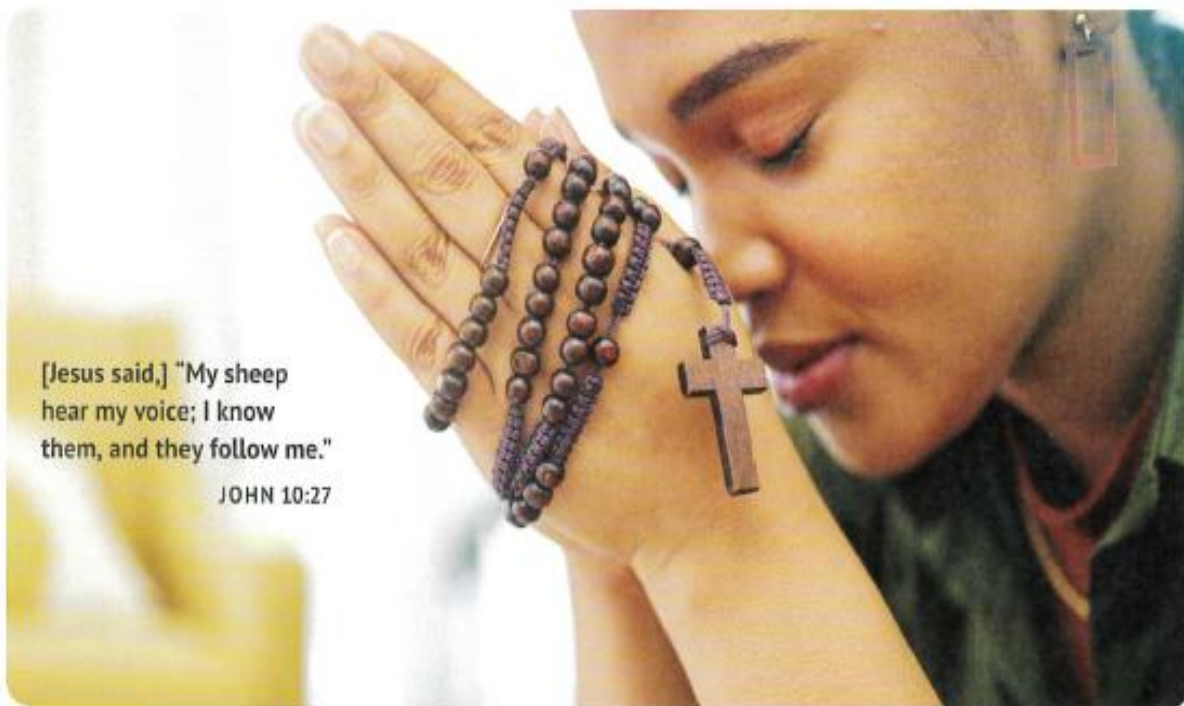
Spirituality is about absorbing the lifestyle of Jesus, about his word echoing in our lives, something that takes a lifetime. Religion, specifically our Catholic faith, is the practice of that spirituality in the company of others who are also trying to put those values into practice. Such practice, including weekly Mass and participation in the sacramental life of the Church, is necessary for the faithful followers of Jesus. ●

Reflect

**Which qualities of a spiritual person do I have?
What do I need to work on?**

[Jesus said,] "My sheep
hear my voice; I know
them, and they follow me."

JOHN 10:27

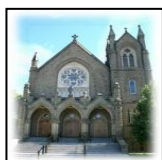


FOURTH SUNDAY OF EASTER

May 11, 2025

Welcome to The Good Shepherd Pastoral Unit

New Website: gsmoncton.ca



St. Bernard's, 43 Botsford St., Moncton, NB E1C 4W9

Phone: (506) 857- 0425 Email: sbhf@rogers.com

Office hours for next week:

Monday - Thursday: 9 AM – 12 noon & 1 – 4 PM. **Fridays: closed.**



St. Vincent's, 63 Charlotte St., Sackville, NB, E4L 2Y5

Phone: (506) 536-1460 Email: stvince@nbnet.nb.ca

Office hours: Monday & Thursday @ 10 AM- 2 PM



St. Clement's, 14 Church St., Port Elgin, NB E4M 2C9

Phone: (506) 538-2262 Email: stclement.stbartholomew@gmail.com

Office hours: call office to verify

The Good Shepherd Pastoral Unit

St. Bernard's PMT

Priest Administrator	Fr. Damian Nwachukwu	sbhf@rogers.com
Assistant Priest	Fr. Carlos Jacinto	sbhf@rogers.com
Liturgy	Darlene McGraw	darlenemcgraw@rogers.com
Catechetics	Lorella Dunnett	Lorella_st.bernards@hotmail.com
Social Justice	Claudia McCloskey	
Adult Faith	Andrew Wilson	

St. Bernard's Parish Staff

Pastoral Associate/ liturgy	Darlene McGraw	darlenemcgraw@rogers.com
Receptionist / Bookkeeper	Giredine Aguidi	sbhf@rogers.com
Catechetical Coordinator	Lorella Dunnett	Lorella_st.bernards@hotmail.com

St. Vincent's Parish Staff

Parish Secretary	Lorraine Horyl
Catechetical Coordinator	Cathy Crinnion

St. Clement's Parish Staff

Parish Secretary	Pam Van Egmond
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St. Bernard's Sacrament of Reconciliation regular schedule

Prior to Weekday Masses: Monday to Friday: 8:30 – 9:20 AM

Saturdays: 10:00 AM; First Friday of the month: 8:00 – 9:00 AM.

St. Bernard's

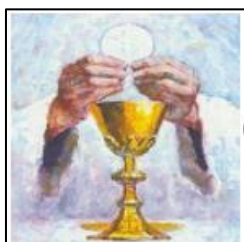
Mark Your Calendar

Carmelites	2 nd Saturday of the month: 9:30 AM
Prayer Group	2 nd Saturday of month & last Saturday of month after 25 th @ 7PM
RCIA meeting dates	1 st and 3 rd Saturday of each month – 10:00 AM – 12 noon
Baptism preparation	To be determined
Marriage Preparation	Friday & Saturday, May 30 & 31, 2025 (for more details see announcement in bulletin).



SACRAMENT CELEBRATIONS:

Confirmation: Sunday, May 11th @ 11 AM



Congratulations to the children from St. Bernard's, who received the sacrament of Holy Communion for the first time!

On Saturday, May 3rd, 2025: Jade Bernard-Mann

On Sunday, May 4th, 2025:

Matteo Andal
Amarah Loyola
Solenn Andal
Izsabel Lutero
Neha Bennett
Kyle Lutero
Maxim Boudreau
Everett MacGregor
Ella Doucette

Halle Buna
Ridge Manalo
Kyle Cabrerros
Vox Manulat
Tyler Cabrerros
Sophia Miller
Amara Riley Castrillo
Ray Palomares
Francis Ygonia

Noah Daigle
Libiele Pradez
Olivia Daigle
Josephine Silk
Angela Puente Delgadillo
Iris Verzosa Suzara
Chase Doucette
Chayle Velez

“Whoever eats my flesh and drinks my blood has eternal life and, I will raise him up on the last day” John 6:54

A Special thank you to the Knight of Columbus 1310, for providing beautiful rosaries for our children.



**Congratulations and God's blessings to:
Jim & Dorine White**

On their 50th golden wedding anniversary.

May the love that has carried them through 50 years continue to grow in the years to come. *God bless you both.*

St. Vincent's

FAITH FORMATION at St. Vincent's – In-person catechism sessions (Sunday mornings following Mass) will resume after Labour Day. For any participant or volunteer inquiries for this program, including sacramental preparations, please contact Cathy Crinnion at ccrinnion@yahoo.ca or 536-4470.

Sacrament Celebrations:

Congratulations and God's Blessings to Austin Jinson and to Viktoria Palolan who have celebrated their First Holy Eucharist at St. Vincent's on Sunday May 4th, 2025.



Call for new ALTAR SERVERS at St. Vincent's – please contact Dennis Lambus at dlambus22@gmail.com.

Wedding Anniversaries during the Holy Year of Hope - Within the Jubilee Year, there will be various jubilees dedicated to specific groups. As part of this initiative, **The Good Shepherd Pastoral Unit will be recognizing wedding anniversaries for those who were married in years ending in -0 or -5.** If you would like to have your marriage recognized in this celebration, please add your information on the pages provided at the back of St. Vincent's Church, or email/call Cathy Crinnion at ccrinnion@yahoo.ca or 536-4470.

CHALICE – After many years of looking after our Chalice donations (small wooden box on the left as you enter the church), John Blakely has indicated that he wishes to “retire”! We are looking for someone to volunteer to look after the administration of the Chalice Fund. A job description is available from the Parish Office (506-536-1460 or stvince@nbnet.nb.ca) and John will be available to answer questions. **We offer John many thanks for his many years of dedication to this volunteer position.**

MASS CELEBRATION AT THE DREW NURSING HOME – Mass will be celebrated with the residents of the Drew Nursing Home in Sackville at 3:00 p.m. on **Monday, June 2, 2025.** **Everyone is invited to attend and celebrate mass with the residents of the Drew Nursing Home.**

PARISH CALENDAR – For up-to-date events happening at St. Vincent's, please consult the calendar at the entrance to the church and advise the Parish Office of upcoming events to add to the calendar.

DONATIONS OF HOUSEHOLD GOODS – Thank you to all who have donated household items for the use of the Filipino newcomers in the past year. We are awaiting the arrival of five additional nurses from the Philippines. Upon their arrival, they will need a variety of household items (furniture, dishes, small appliances, bedding, etc) for their apartments. A notice will be posted in the bulletin at that time. For the time being, we are putting a pause on accepting donations. Please be in touch with Lorraine at the Parish Office 506-536-1460 or stvince@nbnet.nb.ca for further information as it is available.

SACKVILLE FOOD BANK – If you are able, please contribute non-perishable food and/or toiletry items to our local Food Bank. The donation basket is located on the right-hand side of the entrance to the church.



OFFICE FOR EVANGELIZATION & CATECHESIS

Trevor Droesbeck - 857-4879 or adultfaith@diocesemoncton.ca
Karen LeBlanc – 387-4198 or youth@diocesemoncton.ca



Canada Health Day, May 12 - Canada Health Day is celebrated in health care facilities and community services across the country. This day reminds us that health and healing are essential aspects of our baptismal vocation. We are called to take responsibility for our personal health: to prevent illness and to seek a healthy lifestyle. Good health concerns the physical, emotional, social, and spiritual health of our communities, respect for God's creatures and nurturing of the whole earth.

MONDAY @ THE MOVIES

Our next film discussion will be on **Monday, June 2nd at 10:00 am**, movie to be announced at a later date. The discussion will take place via Zoom. Contact Karen LeBlanc at 387-4198 or email youth@diocesemoncton.ca.

SENIORS CONNECT

Our next Senior's Connect gathering will be on **Thursday, May 15, at 10:30 am**, at Holy Family Parish Hall. Don your dancing shoes (not running shoes or sandals, something with a relatively smooth sole) because we will be **LINE DANCING!** YAHOO!! Questions? Contact Karen LeBlanc at 387-4198 or email youth@diocesemoncton.ca.

ATTENTION ALL

VACATION BIBLE SCHOOL is just around the corner, and we are looking for **CARDBOARD**. We would like to begin preparations, so we are looking for large pieces of Cardboard 5ft and over. Any kind of boxes from large appliances would be great. We would also take any kind of artificial Christmas trees that you are no longer using. Pick up is available just email youth@diocesemoncton.ca or call Karen.



TRUE NORTH VBS: Finding Jesus in a Wild World!

This year's VBS (for ages 3 up to the end of sixth grade) is scheduled to take place at Immaculate Heart of Mary church in Riverview June 23, 24, 25, 26 from 8:30 am – 12:00 pm. Registration deadline is June 13th. ***We have a limited number of spaces available, so register early!*** A \$40 refundable deposit (\$60 for 2+ children) will be required. Our VBS welcomes all children regardless of parish or religious affiliation. Contact Karen at 387-4198 or youth@diocesemoncton.ca to register or online at www.diocesemoncton.ca → Pastoral Offices → Youth Faith Development → Vacation Bible School.

GARAGE SALE organized by "Econo Boutique Écono" Every Friday of the week from 1 p.m. to 6 p.m. and every Saturday of the week from 8 a.m. to 2 p.m. Location: Christ the King Golden Age Club, 305 Dominion Street. For information: (506) 381-3525; (506) 858-9736; (506) 961-5901. *This is for the benefit of Preservation of the Church of Christ-Roi; South-East Paediatric Centre; Preschool children from Haiti; Housing for Life, Inc. and Poor children assisted by members of the Mother Teresa Conference.*

In Sympathy

*A time to mourn.
Sincere sympathies to all who mourn
the loss of a loved one.*



Ecclesiastes 3

*Under every season there is a time...
A time to heal...*

St. Bernard's

Patricia Devine	Claire Struble	Peter Quach	Deacon Ed West	Georgette Thomson
Jeanne Wood	Bernie Paquet	Susan Clement		

St. Clement's

McGraw Family	Olga Bateman	Genie Coates	Ava Read	Claudette Elliott
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St. Vincent's

Barb DeWitt	Leonard Burke	Leone Campbell	Art Chase	Vince Wood
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As well as those who have died.



During Lent, the Triduum, and the Easter season there are many hands and hearts that offer their time and talents to the church to make everything happen. Whether behind the scenes, serving in the various ministries, and by attending Mass, the care and love offered to the church reflects our love for God and fellow parishioners. A heartfelt **"Thank you" to all for your support to St. Bernard's.**



In dying with Christ – Living with Hope, we seek to demystify death and the dying process, making a way for a new approach to end of life questions. The video discussion, led by theologians and healthcare professionals, will give timeless perspectives on suffering, grief, dying, and our duty to care. **We will discover that when we make a commitment to die with Christ, we can truly live with hope.** Dying

with Christ – Living with Hope is a powerful tool to help Christians in Canada have crucial conversations about death & dying. **All are welcome to attend.**

Where? St. Bernard's Church, 43 Botsford St., Moncton, NB

Date? Monday, May 26, 10:30 AM to 1:30 PM

Please register with Trevor at adultfaith@diocesemoncton.ca or by calling 506- 857 4879.



*To all mothers...
May your days be filled with
love, peace, joy & laughter.
Happy Mother's Day!*

Mass times / Intentions:					
St. Bernard's					
Mon.	May 12	9:30 AM	Anniv. Late Phyllis Pitre LeBlanc		Eddy & Sherry Pitre
Tues.	May 13	9:30 AM	Late Viola Parsons		Edna & Yvon Tremblay
Wed.	May 14	9:30 AM	Late Mildred "Millie" LeBlanc		Real & Donna Doiron
Thurs.	May 15	9:30 AM	Late Esther Fearon		Family
Fri.	May 16	9:30 AM	Late Larry Byron		Rick & Donna Shaw
Sat.	May 17	4:00 PM	For the People		
Sun.	May 18	11:00 AM	Anniv. Late Norma Power		Gerry Power
St. Clement's					
Sun.	May 17	11:00 AM	Intentions of Valerie Connors		Pam Van Egmond
St. Vincent's					
Sun.	May 18	9:00 AM	Eric Wheaton		Nancy, Leigh Ann & Josie

<div>OFFERINGS</div>															
St. Bernard's Offerings + PADs & online – May 3 & 4, 2025															
Envelopes		\$3726.75		Loose		\$1126.45		Karing Kitchen		\$21		Easter		\$160	
Syrian Relief		\$10		Share Lent		\$5		Good Fri.		\$40		Capital Fund		\$934.25	
St. Clement's offerings – May 4, 2025															
Envelopes		\$ 340		Collection		\$40		Donations w/receipt		\$55		Donation IMO		\$19.20	
St. Vincent's offerings– May 4 & PADs April, 2025															
Envelopes		\$1345		Loose		\$15		Maintenance		\$170		Papal Charities		\$25	
PADs		Envelopes		\$1175		Maintenance		\$35		Pope's Pastoral Works		\$20			
Thank you for your generous and continued support!!!															

PASTORAL LETTER - The Diocesan Evangelization Project and the Reform of Parish Structures
Available in the Church and on Websites gsmoncton.ca or Archdiocese of Moncton.

World Day of Prayer for Vocations - May 11

The Fourth Sunday of Easter, Christians are invited to reflect on the meaning of God's call and to pray for vocations. Christ, the Good Shepherd, continues to lead his people through His Bishops, Priests, and Deacons, and calls many to follow Him in this way. Priestly, diaconal, and religious vocations should be a constant concern in the hearts of God's people.

Dear Padre,

When is it OK to medicate for pain? If my relative is in hospice, should I permit the use of drugs that hasten his or her death?

When someone we love is dying, we do not want him or her to be in pain. It is only natural to want to ease or end all suffering. The *Catechism of the Catholic Church* offers these guidelines: "The use of painkillers to alleviate the sufferings of the dying, even at the risk of shortening their days, can be morally in conformity with human dignity if death is not willed as either an end or a means, but only foreseen and tolerated as inevitable" (CCC 2279). In other words, it is permissible to medicate for pain, but you must not use narcotics as an end or means to hasten someone's death—only to alleviate pain and minimize a person's suffering. To give medication to cause death rather than merely to relieve pain is not allowed.

It is important to have a discussion about the types of treatment a person would want when they are dying. It is also important to have a discussion with your pastor or another priest or chaplain—someone who can help you discern whether the action, the intention, and the circumstances are consistent with Church teaching. Many times, one is forced to make very difficult decisions about medical care, and it is always good to have someone we trust who can help us make the best choice. ●



PHOTO: SHUTTERSTOCK

Fr. Patrick Keyes, CSsR / DearPadre.org

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
May 12	May 13	May 14	May 15	May 16	May 17	May 18
Easter Weekday	Easter Weekday	St. Matthias, Apostle	Easter Weekday	Easter Weekday	Easter Weekday	Fifth Sunday of Easter
Acts 11:1-18	Acts 11:19-26	Apostle	Acts 13:13-25	Acts 13:26-33	Acts 13:44-52	Acts 14:21-27
Jn 10:1-10	Jn 10:22-30	Acts 1:15-17, 20-26	Jn 13:16-20	Jn 14:1-6	Jn 14:7-14	Rv 21:1-5a
		Jn 15:9-17				Jn 13:31-33a, 34-35

Do you have a question for the Padre?

Go to [DearPadre.org](https://dearpadre.org) to send your question and to learn more about *Dear Padre*.



WANCY BAUER / SHUTTERSTOCK

A WORD FROM POPE FRANCIS

What do those who follow Christ do?... They go to seek those who are lost (cf. Lk 15:4), they take an interest in those who are far away, take to heart the situation of those who suffer, know how to weep with those who weep, they reach out their hands to their neighbors, carrying them on their shoulders.

REGINA CAELI, ROME, MAY 8, 2022